



Gray Matter Microstructural Abnormalities and Working Memory Deficits in Individuals with Schizophrenia

HyunJung Kim¹, Seung-Hyun Shon², Sung Woo Joo³, Woon Yoon²,
Jang-Han Lee⁴, Ji-Won Hur⁴, and JungSun Lee² ✉

¹Department of Clinical & Counseling Psychology, Graduate School of Psychological Service, Chung-Ang University, Seoul, Republic of Korea

²Department of Psychiatry, University of Ulsan College of Medicine, Asan Medical Center, Seoul, Republic of Korea

³Republic of Korea Marine Corps Education and Training Center, Pohang, Republic of Korea

⁴Department of Psychology, Chung-Ang University, Seoul, Republic of Korea

Objective Working memory impairments serve as prognostic factors for patients with schizophrenia. Working memory deficits are mainly associated with gray matter (GM) thickness and volume. We investigated the association between GM diffusivity and working memory in controls and individuals with schizophrenia.

Methods T1 and diffusion tensor images of the brain, working memory task (letter number sequencing) scores, and the demographic data of 90 individuals with schizophrenia and 97 controls were collected from the SchizConnect database. T1 images were parcellated into the 68 GM Regions of Interest (ROI). Axial Diffusivity (AD), Fractional Anisotropy (FA), Radial Diffusivity (RD), and Trace (TR) were calculated for each of the ROIs.

Results Compared to the controls, schizophrenia group showed significantly increased AD, RD, and TR in specific regions on the frontal, temporal, and anterior cingulate area. Moreover, working memory was negatively correlated with AD, RD, and TR in the lateral orbitofrontal, superior temporal, inferior temporal, and rostral anterior cingulate area on left hemisphere in the individuals with schizophrenia.

Conclusion These results demonstrated GM microstructural abnormalities in the frontal, temporal, and anterior cingulate regions of individuals with schizophrenia. Furthermore, these regional GM microstructural abnormalities suggest a neuropathological basis for the working memory deficits observed clinically in individuals with schizophrenia.

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Key Words Diffusion tensor imaging, Gray matter, Working memory, Schizophrenia, Diffusivity.

INTRODUCTION

Working memory impairments are considered central in schizophrenia.¹ Because working memory impairments are one of the most enduring symptoms, they are also strong predictors of poor clinical outcome in individuals with schizophrenia.² Thus, individuals with schizophrenia often experience problems in their daily activities, such as difficulties remembering phone numbers or engaging in mental arithmetic. The causes behind working memory abnormality have been pre-

dominantly reported through the volume and thickness of gray matter (GM).³ Such studies, however, have only focused on the macrostructural differences and thus have not captured microstructural abnormalities. Diffusion tensor imaging (DTI) studies are useful to study microstructural abnormalities through white matter (WM), and WM-DTI studies have reported that the abnormalities of working memory are associated with WM⁴⁻⁶ and depend on myelinated axonal fibers.⁷⁻¹⁰

DTI studies have typically investigated WM microstructure by examining the water molecule's diffusivity in the brain. Compared to WM-DTI studies, only a few studies have investigated GM microstructure in the frontal and/or temporal cortex,¹¹⁻¹⁴ entorhinal cortex,¹⁵ and parahippocampal, insula, and anterior cingulate regions¹⁶ of individuals with schizophrenia. These studies were conducted using diffusivity in GM, such as axial diffusivity (AD), radial diffusivity (RD), fractional anisotropy (FA), trace (TR) or mean diffusivity (MD). As a result, positive GM-DTI findings in schizophrenia have been report-

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✉ Correspondence: JungSun Lee, MD, PhD

Department of Psychiatry, University of Ulsan College of Medicine, Asan Medical Center, 88 Olympic-ro 43-gil, Songpa-gu, Seoul 05505, Republic of Korea

Tel: +82-2-3010-3422, Fax: +82-2-485-8381, E-mail: js_lee@amc.seoul.kr

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ed: 1) increased MD was shown, bilaterally, in the superior temporal gyrus (STG) GM and the left STG WM. MD in left STG WM demonstrated the association with attentional impairments and auditory hallucinations in schizophrenia;¹² 2) increased TR in the bank of the superior temporal sulcus of left hemisphere and the inferior temporal, the middle temporal, the inferior parietal gyri of right hemisphere in schizophrenia.¹¹ TR in the middle temporal gyrus and the inferior temporal gyrus of right hemisphere had also negative correlation with social cognition in schizophrenia;¹¹ 3) increased AD and RD were shown in the temporal and prefrontal cortices. AD and RD were associate with positive symptom of schizophrenia;¹³ 4) there is elevated diffusivity in the frontotemporal regions on schizophrenia;¹⁴ 5) increased MD was showed in the insula, anterior cingulate gyrus, and parahippocampal gyrus of right hemisphere in schizophrenia.¹⁶

The diffusion anisotropy in GM cortex has been observed in the animal,¹⁷⁻²⁰ and the human.²¹⁻²⁶ Radial diffusion anisotropy has also been demonstrated in the animal,^{27,28} and the human.²⁸⁻³⁵ The principal diffusion direction shows apparent structure within GM, running nearly perpendicular to the cortical surface.³⁰ And the principal diffusion component's orientation tends to be more within a plane parallel to the cortical surface.³⁶ Although RD and AD have been focused on the evaluation of axon integrity in WM, evidence demonstrate that the direction of diffusion in GM occurs both radial (perpendicular) and axial (parallel) to the surface of the cortex.^{28,30} Thus, RD and AD in GM may reflect pyramidal cell's microstructural integrity.³⁷ Investigating this phenomenon, a detailed study suggests that parallel and radial structure are believed to exist, and actually be a microscopic marker that is able to distinguish brain areas.²⁸

The cause of lower cases of GM-DTI than WM-DTI is that GM studies have typically investigated volume and thickness reductions in schizophrenia. Interestingly, in individuals with schizophrenia, the decreased GM thickness and volume have been shown by reduced presence of membranes, axon terminals, dendrites, and dendritic spines.³⁸⁻⁴⁰ These findings suggest that the intrinsic microstructure of GM, rather than its volume and thickness, is more important for understanding the neuropathological basis of GM abnormalities in schizophrenia.

Despite the advantages of the use of DTI to study GM microstructure, previous DTI studies have focused on WM, and the few GM-DTI studies have focused on specific GM regions or they involved small sample sizes. According to previous schizophrenia studies, there are more than 50 regional deficits, such as in frontal, temporal, parietal, and cingulate areas and in the deficits,⁴¹ and a larger group will give us better understanding the feature of these microscopic alternations and their associations with clinical profiles and symptoms.⁴²

Therefore, it is necessary to study whole GM regions with larger samples using sufficient data sources. The SchizConnect database (www.schizconnect.org) shows Significant possibilities to overcome the barriers related to the creation of large data sets to elevate statistical power.⁴³ Consequently, our study used the SchizConnect database to examine entire GM regions in a larger sample.

This study investigated the hypothesis that GM diffusivity in regions of interest (ROIs) would differ between individuals with schizophrenia and control subjects and that GM diffusivity and working memory would correlate significantly.

METHODS

Data sources

This study used the demographic data, brain images (T1 and DTI), and working memory performance test data of 229 cases included in the SchizConnect database used in the Center for Biomedical Research Excellence (COBRE) and Neuro-morphometry by Computer Algorithm Chicago (NMorphCH) studies.⁴⁴

Study participants

Of the 229 cases, 42 were excluded for the following reasons: missing cognitive function test values (n=22), diagnoses of schizoaffective disorder (n=10), and poor brain imaging quality (n=10). The remaining 187 cases were divided into two groups: patients with schizophrenia (n=90) and control subjects (n=97). The age range of the participants was 20 to 66 years. This study was approved by the Institutional Review Board of Asan Medical Center (IRB File No. S2017-1996-0001).

Diffusivity

T1 and DTI neuroimages were used. In the COBRE database, the T1 scan parameters were as follows: repetition time (TR)=2,530 ms, echo time (TE)=1.64 ms, flip=0°, matrix=256×256, slices=192, and slice thickness=1 mm. The DTI scan parameters were as follows: TR=9,000 ms, TE=84 ms, flip=0°, matrix=256×256, slices=72, and slice thickness=2 mm. In the NMorphCH database, the T1 scan parameters were as follows: TR=2,400 ms, TE=3.16 ms, flip=8°, matrix=256×256, slices=176, and slice thickness=1 mm. The DTI scan parameters were as follows: TR=8,000 ms, TE=86 ms, flip=90°, matrix=896×896, slices=35, and slice thickness=2 mm.

Motion and eddy current-induced distortions were corrected with the affine registration of all gradient volumes with the first b=0 volume using the FMRIB Software Library (FLIRT: FSL, version 6.0.0; <http://fsl.fmrib.ox.ac.uk/fsl/fslwiki/>).^{45,46} Our calculations of diffusivities were conducted using eigenvalues (λ_1 , λ_2 , and λ_3). FA was automatically calculated in

dtifit in FSL. The following additional diffusivity values were obtained for the whole brain of each subject using eigenvalues in fslmaths in FSL: 1) AD (λ_1), 2) RD $[(\lambda_2 + \lambda_3)/2]$, and 3) TR ($\lambda_1 + \lambda_2 + \lambda_3$).

The T1 images were parcellated into discrete anatomical regions using the Desikan-Killiany atlas of FreeSurfer (version 6.0; <http://surfer.nmr.mgh.harvard.edu>),⁴⁷ and all parcellated ROIs of the GM (n=68) (Supplementary Table 1 in the online-only Data Supplement) were used in the subsequent analyses. The T1 images were registered to a b=0 baseline DTI image using flirt in FSL. The parcellated labels were then transformed into DTI using the same registration transformation. Next, we calculated the diffusivities (AD, FA, RD, and TR) for each transformed ROI of each subject. Z-scores were calculated using the means and standard deviations of each ROI of the control group in each project.

Symptoms

Patients' psychiatric symptoms were evaluated by a psychiatrist using the Positive and Negative Syndrome Scale (PANSS) in COBRE and The Scale for the Assessment of Positive Symptoms (SAPS), the Scale for the Assessment of Negative Symptoms (SANS) in NMorphCH studies.

Working memory

We used the scaled scores from the Letter Number Sequencing (LNS) test. The LNS test assesses the subject's ability to manipulate and rearrange verbal representations in working memory. The LNS test used in this study was included in the

following different test batteries in the COBRE and NMorphCH projects: "Measurement and Treatment Research to Improve Cognition in Schizophrenia Consensus Cognitive Battery"^{48,49} and "Wechsler Memory Scale Third Edition"⁵⁰ respectively. Thus, in this study, the scaled scores on the LNS test were converted into Z-scores for each project.

Statistical analysis

For the demographic data, t-tests were conducted to investigate differences in age, illness duration, and LNS scores between the groups. Chi-squared tests were conducted to examine differences in the sex ratios between the groups.

Next, statistical analyses controlling for sex and age were conducted. First, an analysis of covariance was conducted to test for significant differences in diffusivity (AD, FA, TR, and RD) in the 68 ROIs between the control and patient groups. Due to the multiple comparisons of diffusivity in the 68 ROIs, the significance threshold was adjusted using the false discovery rate ($q < 0.05$). Second, Pearson partial correlation analyses were conducted on the LNS scores and ROI diffusivities showing significant differences between the groups. All statistical analyses were performed using R (R Foundation for Statistical Computing, Vienna, Austria).⁵¹

RESULTS

Demographic data

The demographic and clinical information is presented in Table 1. The final data set included 187 subjects (97 controls

Table 1. Demographic and clinical data on the subjects

	Control (N=97)		Schizophrenia (N=90)		t or χ^2	df	p
	Mean	SD	Mean	SD			
Age	36.74	11.56	36.94	11.44	-0.12	184.23	0.90
Gender (N)							
Male	72		65		0.18	1	0.66
Female	25		25				
Duration of illness in COBRE (years)			11.33	13.53			
PANSS in COBRE							
Total score			59.54	19.89			
Positive score			15.24	5.25			
Negative score			14.8	5.45			
General score			29.5	9.19			
SAPS in NMorphCH			42	34.39			
SANS in NMorphCH			53.31	26.27			
LNS	-0.02	1.01	-0.99	1.26	5.82	170.65	<0.001

SD: standard deviation, df: degrees of freedom, COBRE: center for biomedical research excellence, LNS: letter number sequencing, PANSS: positive and negative syndrome scale, SAPS: the scale for the assessment of positive symptoms, SANS: the scale for the assessment of negative symptoms

and 90 patients). The age of the groups did not differ significantly [mean±standard deviation (SD): controls, 36.74±11.56 years; schizophrenia, 36.94±11.44 years; $df=184.23$, $t=-0.1201$, $p=0.90$]. The percentage of men in the control group was 74.2%, higher than that in the schizophrenia group (72.2%), but this difference was not statistically significant ($\chi^2=0.18$, $df=1$, $p=0.66$). The mean duration of illness was 11.33±13.53 years in the individuals with schizophrenia in COBRE. The LNS scores differed significantly between the control and schizophrenia groups (controls: -0.02 ± 1.01 ; schizophrenia: -0.99 ± 1.26 ; $df=170.65$, $t=5.82$, $p<0.001$). PANSS total score was 59.54±19.89 (positive score: 15.24±5.25; negative score: 14.8±5.45; general score 29.5±9.19) in COBRE. SAPS total score was 42±34.39 and SANS total score was 53.31±26.27 in NMorphCH.

Comparisons of GM diffusivity

The diffusivity results are presented in Table 2. All p values were corrected by the false discovery rate. FA values did not differ significantly between the two groups (FDR-corrected $p>0.01$).

Regarding AD, the schizophrenia group exhibited significantly increased AD values compared with those of the control group in the following 3 ROIs: 1) left medial orbitofrontal cortex [mean±SD: control, 0.04 ± 1.02 ; schizophrenia, 0.61 ± 1.15 ; $F(1, 183)=12.71$, $p<0.001$], 2) left pars opercularis [control, 0.07 ± 1 ; schizophrenia, 0.57 ± 1.03 ; $F(1, 183)=11.68$, $p<0.001$], and 3) left STG [control, 0.08 ± 0.98 ; schizophrenia, 0.54 ± 1.1 ; $F(1, 183)=9.66$, $p=0.002$].

Regarding RD, the schizophrenia group exhibited significantly increased RD values compared with those of the control group in the following 14 ROIs: 1) left bank of the superior

Table 2. Comparison of diffusivity values in the ROIs with significant differences between the groups

	ROI	Control		Schizophrenia		F
		M	SD	M	SD	
AD	Left medial orbitofrontal cortex	0.04	1.02	0.61	1.15	12.71†
	Left pars opercularis	0.07	1	0.57	1.03	11.68*
	Left superior temporal gyrus	0.08	0.98	0.54	1.1	9.66*
RD	Left bank of the superior temporal sulcus	0.08	0.99	0.5	0.98	8.3*
	Left inferior temporal gyrus	0.06	0.99	0.53	1.09	9.61*
	Left lateral orbitofrontal cortex	0.03	1.04	0.63	1.06	15.91†
	Left medial orbitofrontal cortex	0.01	1.03	0.61	1.2	13.36†
	Left middle temporal gyrus	0.01	1.04	0.59	1.02	16.59†
	Left pars opercularis	0.04	1.02	0.71	1.1	20.10†
	Left rostral anterior cingulate cortex	0.03	1.04	0.48	1.09	8.57*
	Left rostral middle frontal gyrus	0.03	1.02	0.46	0.86	10.39*
	Left superior temporal gyrus	0.04	1.03	0.59	0.98	15.38†
	Left temporal pole	0.01	1.01	0.49	1.23	8.24*
	Right isthmus of the cingulate gyrus	0.06	1.01	0.47	1.1	6.90*
	Right lateral orbitofrontal cortex	0.03	1.02	0.47	1.19	7.20*
	Right pars opercularis	0.05	1.03	0.49	1.29	7.18*
	Right frontal pole	0.01	1.03	0.47	1.2	8.84*
TR	Left lateral orbitofrontal cortex	0.03	1.04	0.56	1.05	12.03*
	Left medial orbitofrontal cortex	0.02	1.02	0.63	1.2	13.95†
	Left middle temporal gyrus	0.02	1.03	0.58	1.06	14.82†
	Left pars opercularis	0.05	1.01	0.68	1.1	17.45†
	Left rostral anterior cingulate cortex	0.04	1.04	0.48	1.09	8.36*
	Left rostral middle frontal gyrus	0.04	1.01	0.45	0.89	9.11*
	Left superior temporal gyrus	0.06	1.01	0.59	1.02	14.27†
	Left temporal pole	0.01	1.01	0.47	1.22	7.80*
	Right frontal pole	0.01	1.03	0.5	1.23	9.15*

* $p<0.01$, † $p<0.001$. ROI: region of interest, SD: standard deviation, df : degrees of freedom, AD: axial diffusivity, RD: radial diffusivity, TR: trace

temporal sulcus [mean±SD: control, 0.08±0.99; schizophrenia, 0.5±0.98; F(1, 183)=8.3, p=0.004], 2) left inferior temporal gyrus [control, 0.08±0.99; schizophrenia, 0.5±0.98; F(1, 183)=9.61, p=0.002], 3) left lateral orbitofrontal cortex [control, 0.03±1.04; schizophrenia, 0.63±1.06; F(1, 183)=15.91, p<0.001], 4) left medial orbitofrontal cortex [control, 0.01±1.03; schizophrenia, 0.61±1.2; F(1, 183)=13.36, p<0.001], 5) left middle temporal gyrus [control, 0.01±1.04; schizophrenia, 0.59±1.02; F(1, 183)=16.59, p<0.001], 6) left pars opercularis [control, 0.04±1.02; schizophrenia, 0.71±1.1; F(1, 183)=20.1, p<0.001], 7) left rostral anterior cingulate cortex [control, 0.03±1.04; schizophrenia, 0.48±1.09; F(1, 183)=8.57, p=0.003], 8) rostral middle frontal gyrus [control, 0.03±1.02; schizophrenia, 0.46±0.86; F(1, 183)=10.39, p=0.001], 9) left STG [control, 0.04±1.03; schizophrenia, 0.59±0.98; F(1, 183)=15.38, p<0.001], 10) left temporal pole [control, 0.01±1.01; schizophrenia, 0.49±1.23; F(1, 183)=8.24, p=0.004], 11) right isthmus cingulate gyrus [control, 0.06±1.01; schizophrenia, 0.47±1.1; F(1, 183)=6.9, p=0.009], 12) right lateral orbitofrontal cortex [control, 0.03±1.02; schizophrenia, 0.47±1.19; F(1, 183)=7.2, p=0.008], 13) right pars opercularis [control, 0.05±1.03; schizophrenia, 0.49±1.29; F(1, 183)=7.18, p=0.008], and 14) right frontal pole [control, 0.01±1.03; schizophrenia, 0.47±1.2; F(1, 183)=8.84, p=0.003].

Regarding TR, the schizophrenia group exhibited significantly increased TR values compared with those of the control group in the following 9 ROIs: 1) left lateral orbitofrontal cortex [mean±SD: control, 0.03±1.04; schizophrenia, 0.56±1.05; F(1, 183)=12.03, p<0.001], 2) left medial orbitofrontal cortex [control, 0.02±1.02; schizophrenia, 0.63±1.2; F(1, 183)=13.95, p<0.001], 3) left middle temporal gyrus [control, 0.02±1.03; schizophrenia, 0.58±1.06; F(1, 183)=14.82, p<0.001], 4) left pars opercularis [control, 0.05±1.01; schizophrenia, 0.68±1.1; F(1, 183)=17.45, p<0.001], 5) left rostral anterior cingulate cortex [control, 0.04±1.04; schizophrenia, 0.48±1.09; F(1, 183)=8.36, p=0.004], 6) left rostral middle frontal gyrus [control, 0.04±1.01; schizophrenia, 0.45±0.89; F(1, 183)=9.11, p=0.002], 7) left STG [control, 0.06±1.01; schizophrenia, 0.59±1.02; F(1, 183)=14.27, p<0.001], 8) left temporal pole [control, 0.01±1.01; schizophrenia, 0.47±1.22; F(1, 183)=7.8, p=0.005], and 9) right frontal pole [control, 0.01±0.5; schizophrenia, 1.03±1.23; F(1, 183)=9.15, p=0.002].

Relationship between GM diffusivity and working memory

The correlation results are displayed in Table 3. In the patient group, we evaluated the Pearson partial correlations between the LNS scaled scores and the diffusivities (AD, RD, and TR) of the ROIs with diffusivity values that differed significantly from those of the control group. The AD values were

Table 3. Correlations between the LNS scores and diffusivity values in the ROIs with significant differences between the groups

	ROI in schizophrenia	r	p
AD	Left lateral orbitofrontal cortex	-0.23	0.03
	Left superior temporal gyrus	-0.24	0.02
RD	Left inferior temporal gyrus	-0.21	0.05
	Left lateral orbitofrontal cortex	-0.25	0.02
TR	Left lateral orbitofrontal cortex	-0.27	0.01
	Left rostral anterior cingulate cortex	-0.21	0.04
	Left superior temporal gyrus	-0.22	0.04

LNS: letter number sequencing, ROI: region of interest, AD: axial diffusivity, RD: radial diffusivity, TR: trace

significantly and negatively correlated with the LNS scores in the following ROIs (correlation coefficients, uncorrected p value) (Figure 1): 1) Left lateral orbitofrontal cortex (r=-0.23, p=0.03) and 2) Left STG (r=-0.24, p=0.02). The RD values significantly and negatively correlated with the LNS scores in the following ROIs (Figure 2): 1) Left inferior temporal gyrus (r=-0.21, p=0.05) and 2) Left lateral orbitofrontal cortex (r=-0.25, p=0.02). The TR values were significantly and negatively correlated with the LNS scores in the following ROIs (Figure 3): 1) left lateral orbitofrontal cortex (r=-0.27, p=0.01), 2) left rostral anterior cingulate cortex (r=-0.21, p=0.04), and 3) left STG (r=-0.22, p=0.04).

DISCUSSION

The purpose of this study was to compare the GM microstructures between the schizophrenia and control groups and investigate the relationship between GM diffusivity and working memory. Compared with the control group, the schizophrenia group showed significantly higher AD, RD, and TR values in specific regions in frontal, temporal, and anterior cingulate regions. Working memory and diffusivity (AD, RD, and TR) were negatively correlated in the lateral orbitofrontal, superior temporal, inferior temporal, and rostral anterior cingulate areas of the left hemisphere in the individuals with schizophrenia.

Previous GM-DTI studies have shown that, compared with controls, individuals with schizophrenia have increased AD and RD values in the prefrontal cortex,¹³ increased AD, RD, and TR values in the left bank of the superior temporal sulcus,¹¹ and increased MD, similar to TR, in the STG.¹² Our results were partly consistent with the previous results. Increased RD and TR values indicate microstructural abnormalities that suggest alterations in intrinsic connections,⁵² a loss of dendritic spines,^{38,53,54} and/or increased volume of extracellular water due to inflammation.⁵⁵⁻⁵⁷ No significant changes were found in the FA but were found in the TR because FA

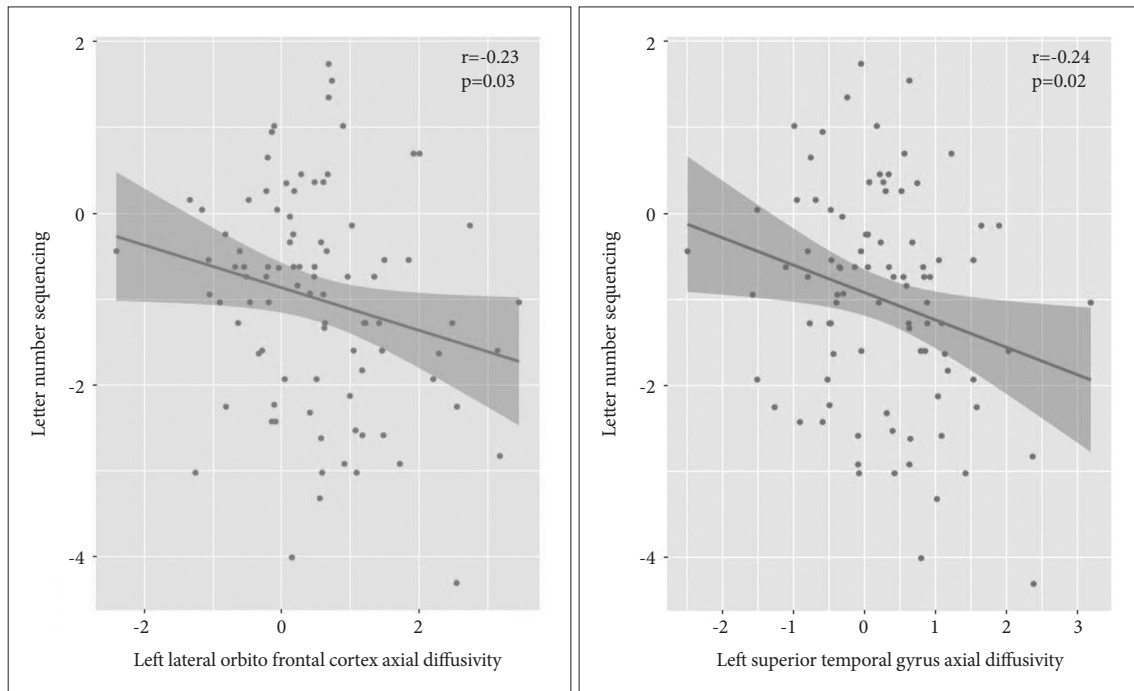


Figure 1. Relationship between the axial diffusivity values and letter number sequencing scores in the left lateral orbitofrontal cortex and superior temporal gyrus in individuals with schizophrenia.

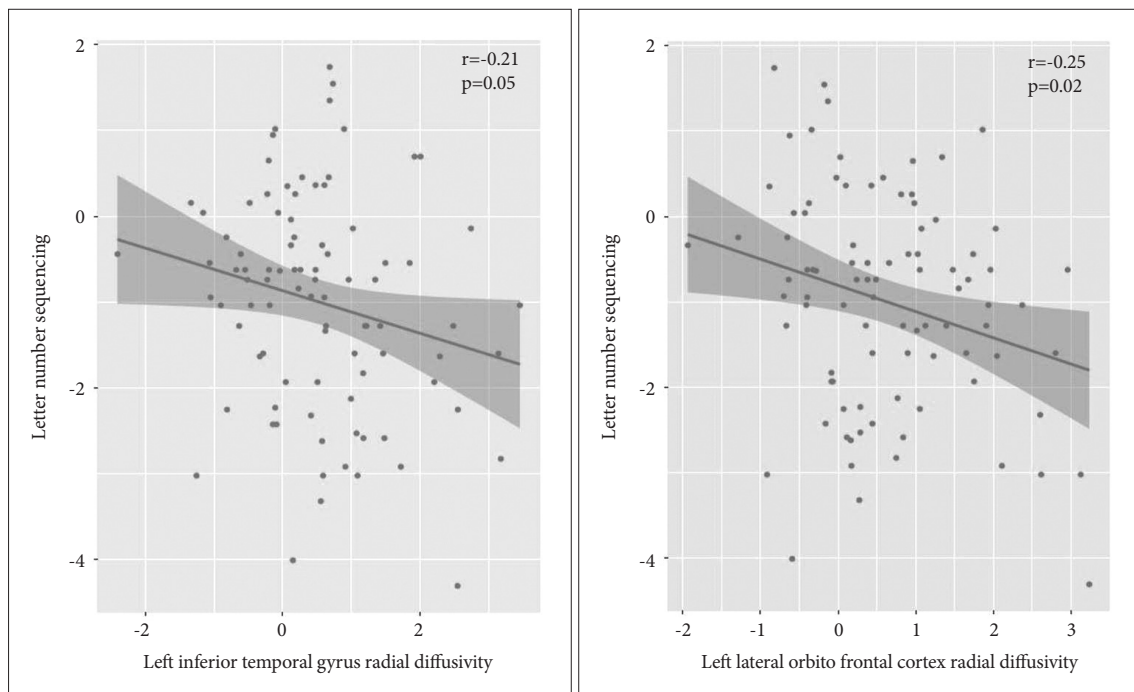


Figure 2. Relationship between the radial diffusivity values and letter number sequencing scores in the left lateral orbitofrontal cortex and inferior temporal gyrus in individuals with schizophrenia.

measures directionality and TR measures the proportion of water movement. Thus, TR, and FA can be independent of each other.⁵⁸ Therefore, the findings of increased TR and no change in FA might be associated with increased water con-

tent as in cases of edema⁵⁹ or a subtle loss of neurological processes.^{39,52,60} Interestingly, the AD values were increased in the schizophrenia group, which differed from the findings of previous DTI studies on schizophrenia. However, several

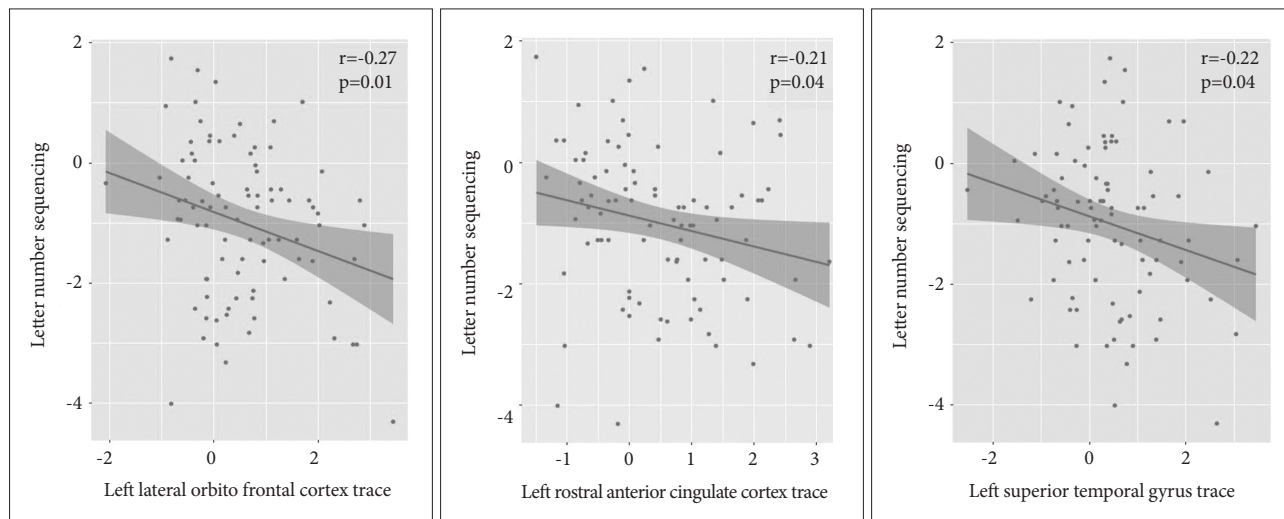


Figure 3. Relationship between the trace diffusivity values and letter number sequencing scores in the left lateral orbitofrontal cortex, superior temporal gyrus, and rostral anterior cingulate cortex in individuals with schizophrenia.

DTI-schizophrenia studies have reported increased AD values and suggested that decreases or delays in the normal pruning process or neurodegenerative processes may lead to axonal loss⁶¹ and increased water content outside of the axonal space.⁶² These findings suggest that increased AD is associated with neurological issues.

The previous studies investigating the association between the brain structure and working memory have deemed that the orbitofrontal cortex is necessary for the working memory maintenance, manipulation, and monitoring processes, and high levels of cognitive load.^{63,64} LNS is an appropriate test of such conditions. LNS requires the ability to monitor a series of complex stimuli, maintain recently processed the items, and manipulates items in a series to identify correct sorting. The results of our study support those of a previous study that reported an association between the orbitofrontal cortex and performance on working memory tasks requiring high levels of cognitive load, such as the LNS. Thus, considering our results were indicative of increased diffusivity (RD and TR) in the orbitofrontal cortex, microstructural abnormalities in the orbitofrontal cortex might serve as an indicator of the processing of the coordination of the working memory maintenance, manipulation, and monitoring processes.

Abnormalities in the anterior cingulate cortex, which is a key component of working memory, are strongly associated with schizophrenia.⁶⁵⁻⁶⁷ Several studies have reported that abnormal synaptic connectivity and decreased neuronal density in the anterior cingulate cortex may contribute to working memory impairments in schizophrenia.⁶⁸⁻⁷¹ In addition, the rostral and caudal anterior cingulate cortices share inputs with a network involving associative, limbic, sensorimotor, dorsolateral prefrontal area, which is a structure that is inde-

pendently linked to working memory.⁷² We found negative correlations between working memory and diffusivity, indicating microstructural abnormalities in the anterior cingulate cortex. Based on previous findings, our results suggest that working memory problems are related to difficulty in the sharing of information with each area that is connected to the anterior cingulate cortex due to microstructural abnormalities, such as synaptic dysconnectivity and decreased neuronal density in the anterior cingulate cortex.

Temporal areas are consistently activated during working memory performance.⁷³ In addition, the left inferior temporal and left superior temporal gyri are associated with short-term memory.^{74,75} Previous studies with patients with short-term memory impairments have reported that decreased verbal working memory is due to damage to verbal short-term.⁷⁶⁻⁷⁸ Considering these previous results and our results of the negative correlation between working memory and diffusivity in temporal areas, we suggest that microstructural deficits in temporal areas result in poor working performance and are therefore associated with short-term memory deficits for working memory load.

The strength of this study is that we studied the whole GM region with more than 150 participants using a large database. According to previous schizophrenia studies, there are more than 50 regional deficits, such as frontal, temporal, parietal, cingulate area and cuneus deficits,⁴¹ and a larger group size will give us the specificity of microscopic alterations and the implication that the alterations are associated with symptoms, or clinical profiles.⁴² Previous GM-DTI studies were conducted within a specific GM region or small sample size. Such studies may ignore GM regions that are important from a clinical perspective or require more explanatory power.

Therefore, a GM-DTI study of the whole GM region with a larger sample size is meaningful to increase the explanatory power of GM microstructural abnormalities.

Our study had the following limitations. First, we did not measure other cognitive functions because only the scale scores for the LNS test were available in the datasets of the two different research projects. Future studies should investigate the associations of other cognitive functions with GM diffusivity. Second, this study used data from two different projects. Thus, our study was conducted on data that were obtained from different neuroimaging systems and different cognitive batteries. Therefore, standard scores were used within the framework of our study. Future studies need to be conducted using the same protocol and similar sample sizes. Third, we did not consider illness duration or the duration of medications in this study because the two research projects did not contain the same clinical data. Future studies need to be conducted for comparisons to the results of this study, especially in consideration of these variables.

Our results indicated GM microstructural abnormalities in the frontal, temporal, and anterior cingulate regions of individuals with schizophrenia. Furthermore, these regional GM microstructural abnormalities suggest a neuropathological basis for the working memory deficits clinically observed in individuals with schizophrenia.

Supplementary Materials

The online-only Data Supplement is available with this article at <https://doi.org/10.30773/pi.2018.10.14.1>.

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The data used in this study were obtained from the Neuromorphometry by Computer Algorithm Chicago (NMorphCH) dataset (<http://nunda.northwestern.edu/nunda/data/projects/NMorphCH>). The data collection and sharing of the NMorphCH project were funded by NIMH grant R01MH056584.

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Supplementary Table 1. All parcellated regions of interest in the gray matter

Regions of interest			
Left hemisphere		Right hemisphere	
1	Left bank of the superior temporal sulcus	35	Right bank of the superior temporal sulcus
2	Left caudal anterior cingulate cortex	36	Right caudal anterior cingulate cortex
3	Left caudal middle frontal gyrus	37	Right caudal middle frontal gyrus
4	Left cuneus	38	Right cuneus
5	Left entorhinal cortex	39	Right entorhinal cortex
6	Left frontal pole	40	Right frontal pole
7	Left fusiform gyrus	41	Right fusiform gyrus
8	Left inferior parietal cortex	42	Right inferior parietal cortex
9	Left inferior temporal gyrus	43	Right inferior temporal gyrus
10	Left insula cortex	44	Right insula cortex
11	Left isthmus of the cingulate gyrus	45	Right isthmus of the cingulate gyrus
12	Left lateral occipital cortex	46	Right lateral occipital cortex
13	Left lateral orbitofrontal cortex	47	Right lateral orbitofrontal cortex
14	Left lingual gyrus	48	Right lingual gyrus
15	Left medial orbitofrontal cortex	49	Right medial orbitofrontal cortex
16	Left middle temporal gyrus	50	Right middle temporal gyrus
17	Left paracentral lobule	51	Right paracentral lobule
18	Left parahippocampal gyrus	52	Right parahippocampal gyrus
19	Left pars opercularis	53	Right pars opercularis
20	Left pars orbitalis	54	Right pars orbitalis
21	Left pars triangularis	55	Right pars triangularis
22	Left pericalcarine	56	Right pericalcarine
23	Left postcentral cortex	57	Right postcentral cortex
24	Left posterior cingulate cortex	58	Right posterior cingulate cortex
25	Left precentral cortex	59	Right precentral cortex
26	Left precuneus	60	Right precuneus
27	Left rostral anterior cingulate cortex	61	Right rostral anterior cingulate cortex
28	Left rostral middle frontal gyrus	62	Right rostral middle frontal gyrus
29	Left superior frontal gyrus	63	Right superior frontal gyrus
30	Left superior parietal cortex	64	Right superior parietal cortex
31	Left superior temporal gyrus	65	Right superior temporal gyrus
32	Left supramarginal gyrus	66	Right supramarginal gyrus
33	Left temporal pole	67	Right temporal pole
34	Left transverse temporal gyrus	68	Right transverse temporal gyrus