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Real-World Accuracy of a SARS-CoV-2 Rapid Diagnostic Tests in the Republic of Korea

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ABSTRACT

Antigen rapid diagnostic tests (RDTs) became the most important tool for the diagnosis of the coronavirus disease 2019 (COVID-19), however there have been very few evaluations of the accuracy of the RDTs in actual use. In this study, we investigated the performance accuracy of the RDT, the STANDARD Q COVID-19 Ag (STANDARD Q), in the Republic of Korea. We collected a total of 5,792 results that underwent both RDT and reverse transcription polymerase chain reaction simultaneously, and overall sensitivity and specificity of the STANDARD Q were 57.6% and 99.9%, respectively. With binomial logistic regression analysis, we estimated that about half of the COVID-19 patients with a cycle threshold value of 25 for *E* and *RdRP* were RDT-negative. These results suggest that the clinical sensitivity of RDTs against severe acute respiratory syndrome coronavirus 2 is considerably low in a real-world setting, and we recommend that limitations of RDTs should be considered when setting up COVID-19 test strategies.

Keywords: COVID-19; SARS-CoV-2; Rapid Diagnostic Test

About two years have passed since a novel strain of coronavirus, severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), has spread rapidly worldwide.¹ During this outbreak, antigen rapid diagnostic tests (RDTs) became one of the most important options for detection of the coronavirus disease 2019 (COVID-19).² In particular, RDTs have a major advantage in terms of short turnaround times and low running costs in several countries that lack resources. Many RDTs have been evaluated for performance in various studies; however, there have been very few evaluations of the accuracy of the test in actual use.³ Therefore, we investigated the performance accuracy of the RDT, which is used globally.

The STANDARD Q COVID-19 Ag (STANDARD Q; SD Biosensor, Inc., Cheongju, Korea) is a lateral flow-based RDT that was developed during the early SARS-CoV-2 pandemic. This kit was introduced in December 2020 at Chung-Ang University Hospital (CAUH) and has been used as a screening tool for COVID-19 patients visiting the emergency room. Between December 2020 and April 2022, a total of 5,792 patients were tested with STANDARD Q, and 5,496 patients also underwent reverse transcription polymerase chain reaction (RT-PCR) testing using nasopharyngeal/oropharyngeal swab specimens. The routine SARS-CoV-2 RT-PCR tests were performed with Allplex[™] 2019-nCoV Assay (Seegene, Busan, Korea) or Real-Q Direct SARS-CoV2 Detection Kit (BioSewoom, Seoul, Korea), and we assumed

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Disclosure

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Author Contributions

Conceptualization: Kim HR, Lim YK. Data curation: Kim HR. Investigation: Kweon OJ. Methodology: Lee MK. Resources: Lee MK. Writing - original draft: Kweon OJ, Lim YK. Writing - review & editing: Kweon OJ, Lee MK, Kim HR, Lim YK. that the cycle threshold (Ct) values of two PCR assays were equivalent. In this study, we retrospectively reviewed these test results and estimated the real-world sensitivity and specificity of STANDARD Q compared to RT-PCR results. In addition, binomial logistic regression analysis was used to estimate the limit of detection (LOD) for STANDARD Q. This analysis was used to predict the functions between the RDT results and the Ct value of each target gene (*E* and *RdRp*), and to estimate the Ct values at which 50% and 95% detection rates were achieved (LOD_{95%} and LOD_{50%}).

Among the patients who underwent both RDT and RT-PCR (n = 5,496), 418, 36, and 5,042 showed positive, indeterminate, and negative RT-PCR results, respectively. Since it was impossible to confirm whether patients with indeterminate results were infected with SARS-CoV-2, we excluded these patients from this study. Among the RT-PCR-positive patients (n = 418), 239 and 179 showed positive and negative results in the STANDARD Q assay, respectively. In addition, three cases showed RT-PCR-negative and RDT-positive results. Overall sensitivity and specificity of the STANDARD Q were 57.2% (95% confidence interval [CI], 52.4–61.8) and 99.9% (95% CI, 99.8–100), respectively. When considering the overall prevalence of COVID-19 in this study (about 8%), the positive and negative predictive values (PPV and NPV) were 98.8% (95% CI, 96.4–99.6%) and 96.6% (95% CI, 96.0–97.0%), respectively. In the binomial logistic regression analysis, the LOD_{95%} and LOD_{50%} values were 17.2 and 25.0 for *E*, and 17.8 and 25.7 for *RdRp*, respectively (**Fig. 1**).

According to the interim guidance of the World Health Organization (WHO), SARS-CoV-2 RDTs should meet the minimum performance requirements of \geq 80% sensitivity and \geq 97% specificity,⁴ and most RDT manufacturers claim that the sensitivities and specificities of RDTs meet the performance criteria presented in this guideline. In addition, there have been many reports that the sensitivity of RDTs is satisfactory for the diagnosis and management of COVID-19.^{5,6} However, when conducting long-term studies in clinical settings, there are

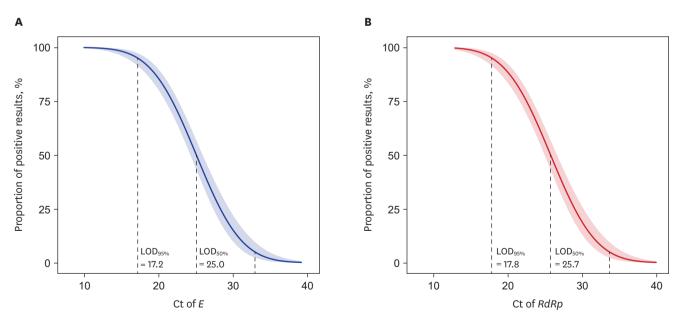


Fig. 1. Binomial logistic regression analysis for the percentage of positive results of the STANDARD Q COVID-19 Ag according to the Ct of *E* (**A**) and *RdRP* (**B**) in the SARS-CoV-2 RT-PCR assay.

COVID-19 = coronavirus disease 2019, Ct = cycle threshold, SARS-CoV-2 = severe acute respiratory syndrome coronavirus 2, RT-PCR = reverse transcription polymerase chain reaction, LOD = limit of detection.

many reports that the clinical performance of RDTs is significantly inferior to that of the RT-PCR assays.^{7,8} Similar to these results, we estimated that the sensitivity of STANDARD Q was 57.6%, which is lower than the sensitivity criteria presented in the WHO guidelines and the manufacturer's specifications.

In this study, the LOD_{95%} for *RdRP* was 17.8, and this result were much lower than the manufacturer-claimed *RdRP* Ct values of 23.37.⁹ In addition, the LOD_{50%} values of *E* and *RdRp* were approximately 25 Ct values, which means that half of the COVID-19 patients with a Ct value of 25 were RDT-negative. Although the correlation between the infectivity of SARS-CoV-2 and the Ct values of COVID-19 RT-PCR assays is not fully known, Rhee et al.¹⁰ reported that approximately 80% of specimens were positive in SARS-CoV-2 culture when the Ct value of RT-PCR was 25. Considering these results together, we can assume that a significant number of patients with SARS-CoV-2 infectivity were falsely classified as SARS-CoV-2 negative when RDTs were widely used to diagnose COVID-19.¹¹ Recently, an explosive number of COVID-19 confirmed cases (approximately 100,000 to 600,000 patients) have occurred daily in the Republic of Korea, and we hypothesize that the introduction of RDTs as a COVID-19 confirmatory test may have influenced these outbreaks because the test failed to detect a large number of infectious patients who were COVID-19 positive.

There were several limitations in this study. First, due to the nature of retrospective study, a selection bias could occur, such as the inclusion of more patients with severe symptoms. Second, we could not analyze the change of sensitivity and specificity according to the symptoms, because we could not conduct chart review for enrolled patients.

In conclusion, the clinical sensitivity of RDTs for the detection of SARS-CoV-2 is considerably low in a real-world setting, and we recommend that the limitations of RDTs should be considered when setting up COVID-19 test strategies.

Ethics statement

This study was approved by the Institutional Review Board of CAUH (IRB No. 2205-006-19417), and the need for informed consent was waived by the board.

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