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Preoperative DLco and FEV₁ are correlated with postoperative pulmonary complications in patients after esophagectomy

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Limited information is available regarding the association between preoperative lung function and postoperative pulmonary complications (PPCs) in patients with esophageal cancer who undergo esophagectomy. This is a retrospective cohort study. Patients were classified into low and high lung function groups by the cutoff of the lowest fifth quintile of forced expiratory volume in 1 s (FEV₁) %predicted (%pred) and diffusing capacity of the carbon monoxide (DLco) %pred. The PPCs comprised of atelectasis requiring bronchoscopic intervention, pneumonia, and acute lung injury/ acute respiratory distress syndrome. Modified multivariable-adjusted Poisson regression model using robust error variances and inverse probability treatment weighting (IPTW) were used to assess the relative risk (RR) for the PPCs. A joint effect model considered FEV₁%pred and DLco %pred together for the estimation of RR for the PPCs. Of 810 patients with esophageal cancer who underwent esophagectomy, 159 (19.6%) developed PPCs. The adjusted RR for PPCs in the low FEV₁ group relative to high FEV₁ group was 1.48 (95% confidence interval [CI] = 1.09–2.00) and 1.98 (95% CI = 1.46–2.68) in the low DLco group relative to the high DLco group. A joint effect model showed adjusted RR of PPCs was highest in patients with low DLco and low FEV₁ followed by low DLco and high FEV₁, high DLco and low FEV₁, and high DLco and high FEV₁ (Reference). Results were consistent with the IPTW. Reduced preoperative lung function (FEV₁ and DLco) is associated with post-esophagectomy PPCs. The risk was further strengthened when both values decreased together.

Keywords Esophageal cancer, Esophagectomy, Pulmonary complications, FEV₁, DLco

Postoperative pulmonary complications (PPCs) occur in 16–67% of patients after esophagectomy, which accounts for two-thirds of the deaths associated with esophagectomy and affects the long-term survival rate in patients with esophageal cancer^{1–7}. Therefore, to improve surgical treatment outcomes as well as the long-term survival

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rate, it is important to identify risk factors of PPCs in patients with esophageal cancer who are expected to undergo esophagectomy.

Lung function measurement is one of the important determinants for the risk stratification of patients who undergo thoracic surgery. Previous studies showed that forced expiratory volume in 1 s (FEV_1) or diffusing capacity of carbon monoxide (DLco) could predict PPCs in lung cancer patients following lung resection surgery^{8–10}. In addition, these measurements were found to be useful to identify a high-risk group in patients who undergo extra-pulmonary surgery^{11,12}. However, in terms of PPCs after esophagectomy, studies mainly have focused on the types of surgery for predicting the occurrence of PPCs^{5,13–15}. Although some studies have examined the relationship between lung function and post-esophagectomy PPCs^{5,16–18}, these are limited by their study design (single center with a single surgeon), patient enrollments in the past, small numbers of participants, reliance on multiple imputation due to missing data, lack of consideration for individual components of PPCs. Moreover, it would be of value to consider lung function parameters together for the estimation of PPCs.

In this regard, this study aimed to evaluate the association between several preoperative lung function and the occurrence of PPCs and its components (atelectasis requiring bronchoscopic intervention, pneumonia, and acute lung injury [ALI]/acute respiratory distress syndrome [ARDS]) in patients with esophageal cancer who underwent esophagectomy.

Results

Patients' characteristics

The baseline characteristics of 810 patients who underwent esophagectomy for esophageal cancer were summarized in Table 1. PPCs occurred in 19.6% ($n = 159$) of patients with esophageal cancer. Compared with those who did not develop PPCs, those who developed PPCs were more likely to be older, had more cardiovascular diseases and lower albumin, and underwent more thoracotomy. Preoperative lung function measurements, including FVC %pred, FEV_1 %pred, and DLco %pred were lower in patients who developed PPCs than those who did not develop PPCs.

The incidence of PPCs by FEV_1 %pred

As shown in Fig. 1a and Table 2, the rate of overall PPCs tended to increase as FEV_1 %pred decreased (Q1 group, 29.7%; Q2 group, 23.0%; Q3 group, 18.1%; Q4 group, 14.2%; and Q5 group, 12.3%; P for trend < 0.01). The increasing trend in the incidence of pneumonia and ALI/ARDS was significant according to FEV_1 %pred.

The relative risk (RR) of overall PPCs was highest in Q1 group of FEV_1 %pred followed by Q2, Q3, Q4, and Q5 (Table 3). This significance of trend remained after adjustment for covariables. Table 4 shows the RR of overall and individual PPCs in the low FEV_1 group versus high FEV_1 group. The RR of overall PPCs in the low FEV_1 group was significantly higher than that of the high FEV_1 group. For individual PPCs, the low FEV_1 group had a significantly higher risk of pneumonia compared to the high FEV_1 group. The results using the inverse probability treatment weighting (IPTW) were similar to the multivariable-adjusted model.

The incidence of PPCs by DLco %pred

A trend of gradual increase in PPCs was observed as DLco %pred is decreased from Q5 to Q1 (P for trend < 0.01 , Fig. 1b and Table 2). The increasing trend in the incidence of atelectasis requiring bronchoscopic toileting, pneumonia, and ALI/ARDS was observed according to FEV_1 %pred.

The RR of overall PPCs in Q2, Q3, Q4, and Q5 groups versus Q1 group of DLco %pred is summarized in Table 3. The RR of overall PPCs was highest in Q1 group of FEV_1 %pred followed by Q2, Q3, Q4, and Q5, and this trend remained significant after adjustment for covariables. Compared to high DLco group, the RR of overall PPCs and individual components of PPCs (atelectasis requiring bronchoscopic toileting, pneumonia, and ALI/ARDS) significantly higher in low DLco group. The results using the IPTW were similar to the multivariable-adjusted model.

Joint effect of FEV_1 %pred DLco %pred for the occurrence of overall PPCs

The adjusted RR of overall PPCs was highest in patients with low DLco %pred and low FEV_1 %pred followed by low DLco %pred and high FEV_1 %pred, high DLco %pred and low FEV_1 %pred, and high DLco %pred and high FEV_1 %pred (Reference, Table 5). The results using the IPTW were similar to the multivariable-adjusted model.

Discussion

In this retrospective cohort study in patients with esophageal cancer who underwent esophageal resection, we observed significant association between low levels of preoperative lung functions (DLco and FEV_1) and the occurrence of PPCs: low FEV_1 group had an approximately 1.5-fold increased risk of PPCs than the high FEV_1 group and the risk of PPCs was approximately 2.0-fold higher in the low DLco group compared to the high DLco group. Importantly, when both lung function parameters were considered together, patients with both low DLco and low FEV_1 showed 2.3-fold increased risk of developing PPCs compared to patients with both high DLco and high FEV_1 .

Our study expanded previous findings examining the predictive ability of preoperative lung function testing for PPCs in patients with esophageal cancer. Pulmonary function testing is commonly performed before not only for lung resection surgeries but also for extra-pulmonary surgeries to assess the risk of morbidity and mortality related to the surgery. Previous studies have shown that reduced lung function is an important contributor in predicting the occurrence of PPCs^{8–12}. However, in the case of esophageal cancer, despite the higher risk of PPCs occurrence than in other surgeries^{1–7}, only few studies have examined the association between preoperative lung function and PPCs after esophagectomy. For example, one previous study revealed that low FEV_1 was associated

	Patients who did not develop PPCs (n = 651)	Patients who developed PPCs (n = 159)	P value
Age, years	64 (58–70)	67 (62–73)	< 0.01
Sex, male	597 (91.7)	150 (94.3)	0.34
Body mass index, kg/m ²	23.4 ± 2.9	23.2 ± 3.3	0.44
Smoking status			0.08
Never smoker	84 (12.9)	12 (7.5)	
Ever smoker	567 (87.1)	147 (92.5)	
Comorbidities			
Pulmonary comorbidities			
Asthma	12 (1.8)	4 (2.5)	0.53
Previous pulmonary tuberculosis	67 (10.3)	25 (15.7)	0.07
Interstitial lung disease	1 (0.2)	0 (0.0)	> 0.99
Extra-pulmonary comorbidities			
Diabetes mellitus	95 (14.6)	33 (20.8)	0.07
Hypertension	278 (42.7)	77 (48.4)	0.22
Cardiovascular disease	68 (10.4)	27 (17.0)	0.03
Laboratory findings			
Hemoglobin, g/dL	14.2 (13.3–15.0)	13.9 (12.9–15.0)	0.19
Albumin, g/dL	4.4 (4.2–4.6)	4.3 (4.1–4.5)	< 0.01
Creatinine, mg/dL	0.9 (0.8–1.0)	0.9 (0.8–1.0)	0.49
Pathologic stage			0.15
I	343 (52.7)	71 (44.7)	
II	177 (27.2)	47 (29.6)	
III	131 (20.1)	41 (25.8)	
Histologic type			0.39
Squamous cell carcinoma	618 (94.9)	155 (97.5)	
Adenocarcinoma	30 (4.6)	4 (2.5)	
Others	3 (0.5)	0 (0.0)	
Location of esophagus			0.42
Cervical/upper thoracic	81 (12.4)	26 (16.4)	
Middle thoracic	286 (43.9)	68 (42.8)	
Lower thoracic/esophagogastric junction	284 (43.6)	65 (40.9)	
Type of surgery			< 0.01
Open thoracotomy surgery	396 (60.8)	119 (74.8)	
VATS	88 (13.5)	12 (7.5)	
Robotic surgery	167 (25.7)	28 (17.6)	
Type of surgical approach			0.57
Transthoracic	633 (97.2)	153 (96.2)	
Trans-hiatal	15 (2.3)	5 (3.1)	
Others	3 (0.5)	1 (0.6)	
Lymph node dissection			0.06
Two-field or less	572 (87.9)	130 (81.8)	
Three-field	79 (12.1)	29 (18.2)	
Anastomosis site			0.10
Intrathoracic	349 (53.6)	97 (61.0)	
Cervical	298 (45.8)	60 (37.7)	
Abdominal	4 (0.6)	2 (1.3)	
Surgery time, hours	4.4 (3.8–5.0)	4.4 (3.8–5.3)	0.36
Preoperative pulmonary function test			
FVC, L	3.9 ± 0.7	3.6 ± 0.7	< 0.01
FVC, %predicted	93.0 ± 12.7	88.4 ± 13.2	< 0.01
FEV ₁ , L	2.9 ± 0.6	2.5 ± 0.6	< 0.01
FEV ₁ , %predicted	91.0 (82.0–101.0)	86.0 (76.0–96.5)	< 0.01
Continued			

	Patients who did not develop PPCs (n = 651)	Patients who developed PPCs (n = 159)	P value
FEV ₁ /FVC	0.7 (0.7–0.8)	0.7 (0.6–0.8)	0.01
DLco, %predicted	89.0 (77.0–100.0)	79.0 (68.5–92.0)	<0.01

Table 1. Baseline characteristics of patients with esophageal cancer who underwent esophagectomy by PPCs (N = 810). Data are presented as number (%) or mean (SD) or median (interquartile range). PPCs, postoperative pulmonary complications; VATS, video-assisted thoracoscopic surgery; FVC, forced vital capacity; FEV₁, forced expiratory volume in 1 s; DLco, diffusing capacity of the lung for carbon monoxide.

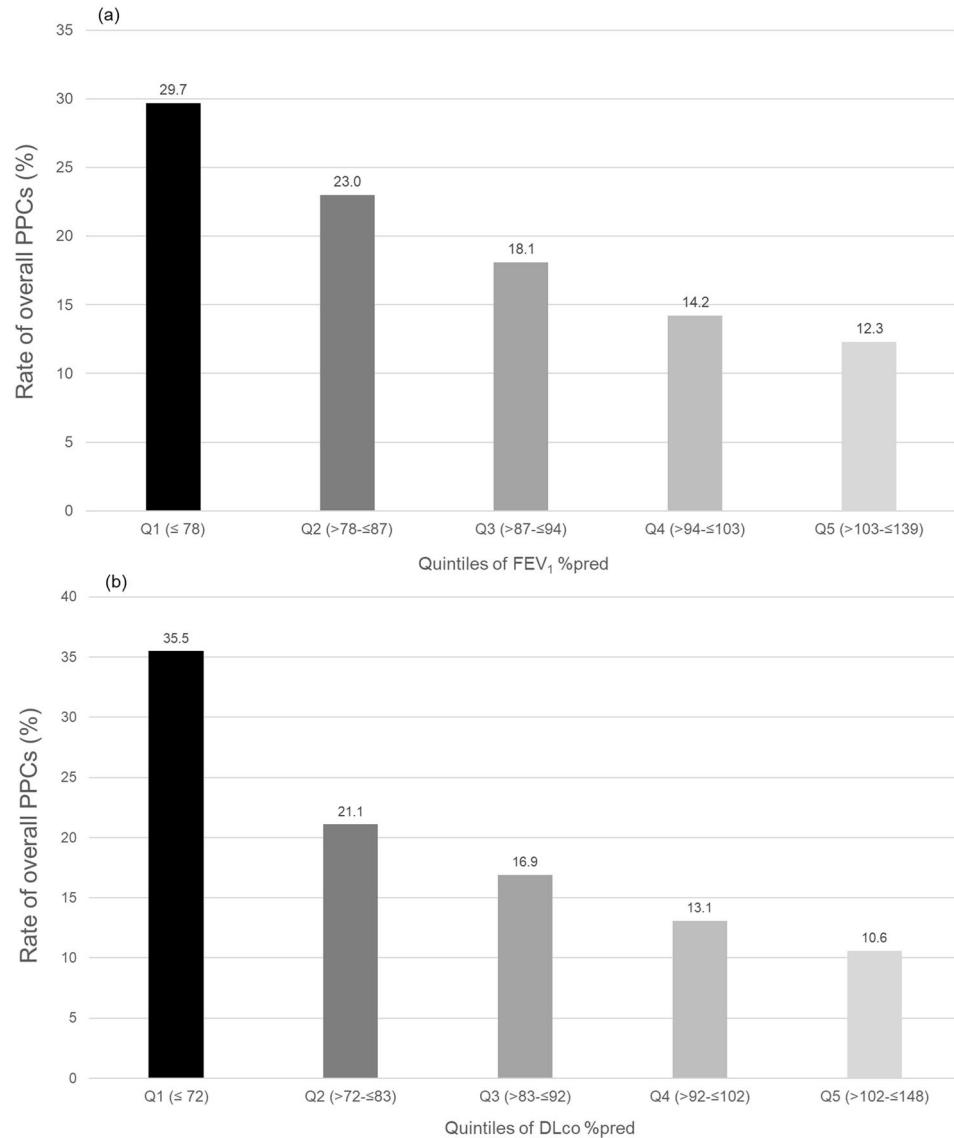


Figure 1. Post-esophagectomy pulmonary complications. (a) PPC by the quintiles of FEV₁%pred, (b) PPC by the quintiles of DLco %pred. PPCs, postoperative pulmonary complications; FEV₁, forced expiratory volume in 1 s; %pred, %predicted; DLco, diffusing capacity of the lung for carbon monoxide, Q1, the lowest quintile; Q5, the top quintile.

with delayed weaning of mechanical ventilation: but this study was limited by an analysis of a small number of patients (n = 60) performed by a single surgeon, and this study did not evaluate PPCs other than delayed weaning of mechanical ventilation⁵. In 2018, Dutch group reported low DLco as an independent predictor of the major PPCs (Clavien-Dindo classification IIIb or higher: intervention requiring general anesthesia, life-threatening complications requiring intensive care, organ dysfunction, or death) after esophagectomy for esophageal cancer¹⁷.

	FEV ₁ %pred						
	Total (%)	Quintile 1 (n = 165) ≤ 78	Quintile 2 (n = 165) >78–≤ 87	Quintile 3 (n = 171) 87 > – ≤ 94	Quintile 4 (n = 155) 94 > – ≤ 103	Quintile 5 (n = 154) 103 > – ≤ 139	P for trend
Overall PPCs	159 (19.6)	49 (29.7)	38 (23.0)	31 (18.1)	22 (14.2)	19 (12.3)	< 0.01
Atelectasis requiring bronchoscopic intervention	22 (2.7)	6 (3.6)	4 (2.4)	7 (4.1)	1 (0.6)	4 (2.6)	0.35
Pneumonia	132 (16.3)	43 (26.1)	28 (17.0)	24 (14.0)	20 (12.9)	17 (11.0)	< 0.01
ALI/ARDS	34 (4.2)	10 (6.1)	13 (7.9)	6 (3.5)	3 (1.9)	2 (1.3)	< 0.01
	DLco %pred						
	Total (%)	Quintile 1 (n = 166) ≤ 72	Quintile 2 (n = 171) > 72–≤ 83	Quintile 3 (n = 160) > 83–≤ 92	Quintile 4 (n = 153) > 92–≤ 102	Quintile 5 (n = 160) > 102–≤ 148	P for trend
Overall PPCs	159 (19.6)	59 (35.5)	36 (21.1)	27 (16.9)	20 (13.1)	17 (10.6)	< 0.01
Atelectasis requiring bronchoscopic intervention	22 (2.7)	9 (5.4)	3 (1.8)	4 (2.5)	3 (2.0)	3 (1.9)	0.09
Pneumonia	132 (16.3)	49 (29.5)	29 (17.0)	22 (13.8)	19 (12.4)	13 (8.1)	< 0.01
ALI/ARDS	34 (4.2)	14 (8.4)	11 (6.4)	6 (3.8)	1 (0.7)	2 (1.3)	< 0.01

Table 2. Incidence of PPCs by the quintiles of FEV₁%pred and DLco %pred in patients with esophageal cancer who underwent esophagectomy. Data are presented as number (%). PPCs, postoperative pulmonary complications; FEV₁, forced expiratory volume in 1 s; %pred, %predicted; DLco, diffusing capacity of the lung for carbon monoxide; Quintile 1, the lowest quintile; Quintile 5, the top quintile; ALI, acute lung injury; ARDS, acute respiratory distress syndrome; COPD, chronic obstructive pulmonary disease.

	FEV ₁ %pred					P for trend
	Quintile 1 (n = 165) ≤ 78	Quintile 2 (n = 165) > 78–≤ 87	Quintile 3 (n = 171) > 87–≤ 94	Quintile 4 (n = 155) > 94–≤ 103	Quintile 5 (n = 154) > 103–≤ 139	
Crude	2.41 (1.49–3.90)	1.87 (1.13–3.09)	1.47 (0.87–2.49)	1.15 (0.65–2.04)	Reference	< 0.01
Adjusted ^a	2.05 (1.24–3.38)	1.69 (1.02–2.82)	1.55 (0.92–2.62)	1.17 (0.66–2.06)	Reference	< 0.01
IPTW	2.72 (1.60–4.64)	1.98 (1.12–3.48)	1.66 (0.93–2.97)	1.30 (0.70–2.42)	Reference	< 0.01
	DLco %pred					P for trend
	Quintile 1 (n = 166) ≤ 72	Quintile 2 (n = 171) > 72–≤ 83	Quintile 3 (n = 160) > 83–≤ 92	Quintile 4 (n = 153) > 92–≤ 102	Quintile 5 (n = 160) > 102–≤ 148	
Crude	3.35 (2.04–5.48)	1.98 (1.16–3.38)	1.59 (0.90–2.80)	1.23 (0.67–2.26)	Reference	< 0.01
Adjusted ^a	2.98 (1.72–5.15)	1.88 (1.08–3.26)	1.59 (0.89–2.82)	1.24 (0.68–2.28)	Reference	< 0.01
IPTW	2.83 (1.63–4.92)	1.83 (1.01–3.30)	1.57 (0.84–2.93)	0.90 (0.45–1.79)	Reference	< 0.01

Table 3. The relative risk for PPCs in patients with esophageal cancer who underwent esophagectomy by the quintiles of FEV₁%pred and DLco %pred. Data are presented as a ratio (95% confidence interval). PPCs, postoperative pulmonary complications; FEV₁, forced expiratory volume in 1 s; %pred, %predicted; Quintile 1, the lowest quintile; Quintile 5, the top quintile; DLco, diffusing capacity of the lung for carbon monoxide, IPTW, inverse probability treatment weight. ^aAdjusted for age, sex, body mass index, smoking status (never and ever), chronic pulmonary disease, cardiovascular disease, albumin, pathologic stage (I, II, and III), tumor location (cervical/upper thoracic, middle thoracic, and lower thoracic/esophagogastric junction), type of surgery (open thoracotomy, video-assisted thoracoscopic, and robotic surgery), lymph node dissection (two-field or less and three-field), operation time.

They suggested 85% as an ideal cutoff for DLco %pred. They also found preoperative FEV₁%pred was significantly lower in patients presenting major PPCs ($P=0.011$), but the significance did not remain in multivariable-adjusted model. Another study from the United States in patients with esophageal cancer treated with surgical resection after chemoradiation similarly showed a close relationship between PPCs and pre-treatment DLco, while pre-treatment FEV₁ was related to the development of gastrointestinal complications¹⁸. Therefore, in agreement with and expanding upon previous findings, our results concerning the potential role of the preoperative values of DLco and FEV₁ in the development of PPCs warrant further studies on constructing a predictive model for preventing PPCs.

One of notable approach in our study might be a joint effect analysis for PPCs. This approach incorporated a previous study that showed FEV₁ and DLco were independently associated with PPCs after esophagectomy¹⁶. Our study has much larger numbers of study participants ($n=810$ versus $n=516$), and that study multiply imputed data because of large volume of missing data, which is not recommended method for handling missing values currently¹⁹. In addition, our study found that DLco plays a slightly more significant role than FEV₁ in predicting PPCs after esophagectomy. While both FEV₁ and DLco exhibited associations with post-esophagectomy

	Model	FEV ₁ %pred	
		Quintile 1 ≤ 78 (n = 165)	Quintile 2–5 > 78 (n = 645)
Overall PPCs	Crude	1.74 (1.30–2.33)	Reference
	Adjusted ^a	1.48 (1.09–2.01)	Reference
	IPTW	1.56 (1.13–2.16)	Reference
Atelectasis requiring bronchoscopic intervention	Crude	1.47 (0.58–3.69)	Reference
	Adjusted ^a	1.57 (0.55–4.48)	Reference
	IPTW	1.59 (0.58–4.40)	Reference
Pneumonia	Crude	2.04 (1.41–2.96)	Reference
	Adjusted ^a	1.76 (1.20–2.59)	Reference
	IPTW	1.77 (1.18–2.67)	Reference
ALI/ARDS	Crude	1.63 (0.79–3.34)	Reference
	Adjusted ^a	1.43 (0.65–3.11)	Reference
	IPTW	1.43 (0.65–3.17)	Reference
	Model	DLco % pred	
		Quintile 1 (n = 169) ≤ 72	Quintile 2–5 (n = 656) > 72
Overall PPCs	Crude	2.29 (1.74–3.01)	Reference
	Adjusted ^a	1.98 (1.46–2.68)	Reference
	IPTW	2.31 (1.43–3.72)	Reference
Atelectasis requiring bronchoscopic intervention	Crude	2.69 (1.17–6.18)	Reference
	Adjusted ^a	2.77 (1.08–7.13)	Reference
	IPTW	2.64 (1.01–6.87)	Reference
Pneumonia	Crude	2.50 (1.75–3.58)	Reference
	Adjusted ^a	2.17 (1.49–3.17)	Reference
	IPTW	2.30 (1.10–4.82)	Reference
ALI/ARDS	Crude	2.72 (1.40–5.26)	Reference
	Adjusted ^a	2.22 (1.04–4.70)	Reference
	IPTW	2.70 (1.28–5.71)	Reference

Table 4. The relative risk for PPCs comparing the low pulmonary function group and the high lung function group using different cutoffs in patients with esophageal cancer who underwent esophagectomy. Data are presented as a ratio (95% confidence interval). PPCs, postoperative pulmonary complications; FEV₁, forced expiratory volume in 1 s; %pred, %predicted; Quintile 1, the lowest quintile; Quintile 5, the top quintile; DLco, diffusing capacity of the lung for carbon monoxide; IPTW, inverse probability treatment weight. ^aAdjusted for age, sex, body mass index, smoking status (never and ever), chronic pulmonary disease, cardiovascular disease, albumin, pathologic stage (I, II, and III), tumor location (cervical/upper thoracic, middle thoracic, and lower thoracic/esophagogastric junction), type of surgery (open thoracotomy, video-assisted thoracoscopic, and robotic surgery), lymph node dissection (two-field or less and three-field), operation time.

	Crude	Adjusted ^a	IPTW
High DLco %pred & high FEV ₁ %pred	Reference	Reference	Reference
High DLco %pred & low FEV ₁ %pred	1.66 (1.02–2.59)	1.46 (0.96–2.20)	1.48 (0.95–2.33)
Low DLco %pred & high FEV ₁ %pred	2.40 (1.58–3.56)	2.06 (1.42–2.99)	2.16 (1.51–3.10)
Low DLco %pred & low FEV ₁ %pred	2.77 (1.74–4.25)	2.30 (1.53–3.44)	2.29 (1.54–3.40)

Table 5. Joint effect of FEV₁%pred and DLco %pred for the relative risk for overall PPCs. Data are presented as a ratio (95% confidence interval). Cutoff values of low DLco %pred and low FEV₁%pred are 72 and 78 respectively. PPCs, postoperative pulmonary complications; FEV₁, forced expiratory volume in 1 s; %pred, %predicted; Quintile 1, the lowest quintile; Quintile 5, the top quintile; DLco, diffusing capacity of the lung for carbon monoxide; IPTW, inverse probability treatment weight. ^aAdjusted for age, sex, body mass index, smoking status (never and ever), chronic pulmonary disease, cardiovascular disease, albumin, pathologic stage (I, II, and III), tumor location (cervical/upper thoracic, middle thoracic, and lower thoracic/esophagogastric junction), type of surgery (open thoracotomy, video-assisted thoracoscopic, and robotic surgery), lymph node dissection (two-field or less and three-field), operation time.

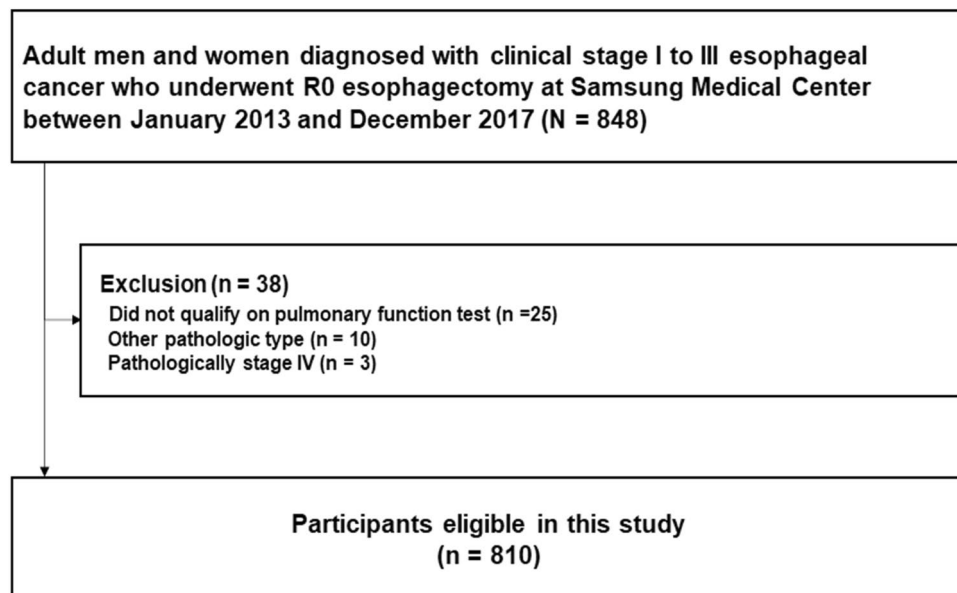


Figure 2. Flow chart of patients with esophageal cancer.

PPCs in patients with esophageal cancer during individual analyses, statistical significance was achieved solely for DLco across all components of PPCs (atelectasis requiring bronchoscopic toileting, pneumonia, and ALI/ARDS). Moreover, in a fully adjusted model, DLco showed a larger effect size compared to FEV₁. Several explanations could exist. First, DLco may show better performance over FEV₁ by its ability to reflect general conditions of body as well as lung function itself. DLco can be influenced by body mass index, anemia, and nutritional conditions, whereas FEV₁ is mainly influenced by the mechanics of the chest system^{20–22}. Indeed, preoperative nutrition status, albumin level, as well as hand grip strength were closely associated with the development of post-esophagectomy PPCs^{23–25}. Second, in terms of lung physiology, DLco could assess physiologic function of the lung more comprehensively than testing airflow (FEV₁). For example, a reduced DLco could be related to obstructive lung diseases, as restrictive lung diseases, pulmonary vascular disorders, and other systemic diseases²⁶. However, regarding this, since not much has been revealed, further studies are necessary. Our study findings may indicate that the strategies to prevent PPCs should consider preoperative measurement of DLco in patients with esophageal cancer who are planned to undergo esophagectomy.

Our study has several limitations. First, this study was performed in a single study with a retrospective design. Temporal causality might not be guaranteed. Second, we used the lowest quintile as a cutoff of FEV₁ and DLco, and the cutoff values of FEV₁%pred and DLco %pred were different. However, it was found that a sensitivity analysis using 80%pred as a cutoff of FEV₁ and DLco showed similar results (Supplementary Table 1). Third, the patients in our study had relatively persevered pulmonary function. The mean values of FVC %pred, FEV₁%pred, and DLco %pred were all > 80. Thus, our results might not be generalizable across all patients with esophageal cancer who underwent esophagectomy, and this warrants further study especially in patients with low lung function. Finally, we used smoking status as a binary variable. However, it should be noted that other confounders, such as pack-years, could affect the observed findings, which were not collected in our study.

In conclusion, reduced preoperative lung function, FEV₁ and DLco, was significantly associated with an increased probability of PPCs after esophagectomy in patients with esophageal cancer. Decreased value of preoperative DLco seems to play a slightly more negative role for the development of PPCs than FEV₁. In addition, there was more intensified association with PPCs when FEV₁ and DLco were decreased together. Our study suggests that preoperative lung function could be useful for the stratification of patients at risk for PPCs who underwent esophagectomy for esophageal cancer.

Methods

Patients

This study enrolled 848 patients with clinical stage I–III esophageal cancer who underwent curative R0 esophagectomy at Samsung Medical Center between January 2013 and December 2017. Patients who received neoadjuvant treatment were not included in this study. After excluding 25 patients who did not have preoperative lung function measurements, 10 patients with pathologic types other than squamous cell carcinoma adenocarcinoma, and 3 patients who were diagnosed with pathologically stage IV after esophagectomy, a total of 810 patients were analyzed (Fig. 2).

Institutional Review Board of Samsung Medical Center (IRB no. 2020-06-056) approved the study protocol and waived the informed consent from the participants since the nature of this study was retrospective and patient data were anonymized. This study was conducted in accordance with the Declaration of Helsinki. All procedures were performed in accordance with the relevant guidelines and regulations.

Lung function measurements

Spirometry and DLco measurements were performed by using Vmax 22 (SensorMedics, CA, USA) according to the American Thoracic Society/European Respiratory Society criteria^{27,28}. Absolute values of FEV₁, forced vital capacity (FVC), and DLco were obtained, and the percentage of predicted values (% pred) for FEV₁, FVC, and DLco was calculated by using a reference equation obtained on analysis of a representative South Korean sample^{29,30}.

Since the optimal cutoff values of FEV₁%pred and DLco %pred for PPCs after esophagectomy are not established, patients were classified into high and low pulmonary function groups based on the quintiles of pulmonary function measurements. The high FEV₁ group was defined as those with quintiles 2–5 (Q2–5) of FEV₁%pred and the low FEV₁ group as those with quintile 1 (Q1) of FEV₁%pred. Similarly, high DLco group was defined as those with Q2–5 of DLco %pred and low DLco group as those with Q1 of DLco %pred.

Other variables

Baseline demographics and behavioral information, including patient age, sex, body mass index, smoking status, comorbidities, and laboratory findings were collected through retrospective review. Information, including postoperative pathological stage, histological types, and surgical methods were also collected.

PPCs

PPCs were defined as the occurrence of one or more of the followings after esophagectomy: (1) atelectasis requiring bronchoscopic toileting; (2) pneumonia (at least three among leukocytosis, pulmonary infiltrate or consolidation, fever [> 38 °C], culture-positive, or use of antibiotics); or (3) ALI/ARDS (PaO₂/FiO₂ < 300 and bilateral infiltrate seen on chest radiograph with no evidence of congestive heart failure or volume overload). All PPCs in this study were assessed by using the Clavien–Dindo classification³¹.

Statistical analyses

Categorical variables were described as frequency and percentage, and continuous variables were described as median and interquartile range or mean and standard deviation. Categorical variables were compared using Pearson's chi-squared test or Fisher's test, as appropriate. Continuous variables were compared with the t-test or Mann–Whitney U test depending on the normality of the data.

We used a modified multivariable-adjusted Poisson regressive model to estimate the RR and confidence interval by using the robust error variances³². We adjusted for age, sex, smoking history (never and ever smoker), body mass index (kg/m²), the presence of pulmonary comorbidities (yes and no), the presence of cardiovascular comorbidities (yes and no), albumin (g/dL), pathologic stage (I, II, and III), tumor location (cervical/upper esophagus, mid esophagus, and low esophagus/esophagogastric junction), type of surgery (open thoracoscopic surgery, video-assisted thoracoscopic surgery, and robotic surgery), and extent of lymph node dissection (two or fewer locations and three locations), and surgical time (hours).

Subgroup analyses were performed to identify the association between preoperative lung function and specific types of PPCs; atelectasis requiring bronchoscopic toileting, pneumonia, and ALI/ARDS. Sensitivity analyses were conducted by 80%pred, a well-known practical cutoff value of FEV₁ and DLco.

In addition, to investigate whether there is a joint effect with FEV₁ and DLco on the relationship with PPCs, we further classified patients into four groups as follows: high FEV₁/high DLco group, low FEV₁/high DLco group, high FEV₁/low DLco, and low FEV₁/low DLco.

Besides of multivariable-adjusted Poisson model, an additional IPTW model was used to adjust for any potential group imbalances. To compute IPTW for multiple groups, a multinomial logit model was used to generate propensity score, and weights were assigned as the inverse of the probability of the groups (1/probability [treatment 0], 1/probability [treatment 1], 1/probability [treatment 2], etc.).

All tests were two-sided and a $P < 0.05$ was considered to be statistically significant. All analyses were performed using STATA version 15 (StataCorp, LP, USA).

Ethical approval

Institutional Review Board of Samsung Medical Center (IRB no. 2020-06-056) approved the study protocol and waived the informed consent from the participants since the nature of this study was retrospective and patient data were anonymized. This study was conducted in accordance with the Declaration of Helsinki. All procedures were performed in accordance with the relevant guidelines and regulations.

Data availability

The datasets used and analyzed in the current study are available from the corresponding author upon reasonable request.

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Author contributions

T Kim and YJ Jeon: Writing - original draft; H Lee: investigation; D Kang: methodology and formal analysis; HK Kim and HY Park: Writing - review and editing, supervision, and project administration; TH Kim, SY Park, YS Hong, G Lee, J Lee, S Shin, JH Cho, YS Choi, J Kim, J Cho, JI Zo, and YM Shim: Validation. All the authors discussed the results and approved the final version of the manuscript.

Competing interests

The authors declare no competing interests.

Additional information

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