



Oral-Facial-Digital Syndrome Type 1: A Case Report and Review

Young Wook Ko, Joo Yeon Ko, Young Suck Ro, Jeong Eun Kim

Department of Dermatology, Hanyang University Medical Center, Seoul, Korea

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Corresponding Author

Jeong Eun Kim

Department of Dermatology, College of Medicine, Hanyang University, 222 Wangsimni-ro, Seongdong-gu, Seoul 04763, Korea

Tel: +82-2-2290-8441

Fax: +82-2-2291-9619

E-mail: dermakim@hanyang.ac.kr

<https://orcid.org/0000-0002-4368-1243>

Oral-facial-digital syndrome type 1 (OFD1), first described by Papillon-Léage in 1954, is transmitted as an X-linked dominant condition and is characterized by a combination of malformations in the face, oral cavity, and digits. Malformations of the brain and polycystic kidney disease are also commonly associated with OFD1. An 11-month-old female presented with multiple tiny whitish papules on her face that had been present since birth. The histopathologic examination was consistent with milium. She also had congenital anomalies, including incomplete cleft palate, bifid tongue, short frenulum, anomalous deformities of both toes, and clino-brachy-syndactyly. Based on the characteristic dysmorphic features of her face, mouth, and hands, a clinical diagnosis of OFD1 was made. Herein, we report a rare case of OFD1 featuring congenital milia, which has not been previously reported in the Korean literature.

Keywords: Brachydactyly, Milia, Oral cleft, Oral-facial-digital syndrome, Syndactyly

INTRODUCTION

Oral-facial-digital syndrome (OFDS) is a heterogeneous group of abnormalities of the oral cavity, face, and digits. Thus far, at least 16 subtypes have been reported depending on mode of inheritance and other abnormality of the kidneys, limbs, brain, and other organs (Table 1)¹. Oral-facial-digital syndrome type 1 (OFD1), which is the most frequent subtype, is transmitted in an X-linked dominant mode of inheritance, with lethality in males^{2,3}. However, more than 70% of cases of OFD1 are sporadic⁴. It is characterized by congenital milia and hypotrichosis, not present in other subtypes⁵.

CASE REPORT

An 11-month-old female presented with multiple milia on her face and auricle that had been present since birth (Fig. 1A, B). Partial hypotrichosis of temporal area was also noted. Histopathologic examination on a facial skin lesion revealed a deep-seated cyst containing lamellated keratin lined by squamous

epithelium with a granular layer, consistent with milium (Fig. 2). She also had congenital anomalies, including incomplete cleft palate, bifid tongue, short frenulum, anomalous deformities of both toes, and clino-brachy-syndactyly of the hands (Fig. 1D~F). We received the parent's consent form about publishing all photographic materials. Her karyotype was normal (46, XX). Chromosomal microarray and diagnostic exome sequencing were performed and *OFD1* gene mutation was not found. She had no familial history of any abnormality suggestive of genetic disorder. In addition, no abnormalities were found on ophthalmic examination or abdominal and brain ultrasonography. Based on these findings, a clinical diagnosis of OFD1 was made. Her facial lesions were treated with CO₂ laser and manual extraction, and the lesions have not recurred for 2 years after treatment. She is scheduled for surgery in plastic surgery department for intraoral and digital lesions.

DISCUSSION

First described by Papillon-Léage⁶ in 1954, OFDS has been



Table 1. Sixteen subtypes of oral-facial-digital syndrome (OFDS)

Phenotype	Inheritance	Location	Gene/locus	Characteristic clinical finding
OFDS I	X-linked dominant	Xp22.2	<i>OFD1, SGBS2, JBTS10, RP23</i>	Milia, hypotrichosis, polycystic kidney disease
OFDS II	Autosomal recessive	Not Mapped	<i>OFD2</i>	Thick hair, median Y-shaped metacarpal
OFDS III	Autosomal recessive	Not Mapped	<i>OFD3</i>	End stage renal failure I-II decade of life
OFDS IV	Autosomal recessive	10q24.1	<i>TCTN3, TECT3, C10orf61, OFD4, JBTS18</i>	Renal cyst
OFDS V	Autosomal recessive	1q32.1	<i>DDX59, OFD5</i>	
OFDS VI	Autosomal recessive	5p13.2	<i>CPLANE1, C5orf42, JBTS17, OFD6</i>	Broad hallux, median Y-shaped metacarpal
OFDS VII	X-linked dominant	Not Mapped	<i>OFD7</i>	Polycystic kidney disease
OFDS VIII	X-linked recessive	Chromosome X	<i>OFD8</i>	Tibia and radius hypoplasia
OFDS IX	Autosomal recessive	Not Mapped	<i>OFD9</i>	Bifid toes, microphthalmia, coloboma
OFDS X	Autosomal dominant	Not Mapped	<i>OFD10</i>	Bilateral short radius, fibular agenesis
OFDS XI	Isolated cases	Not Mapped	<i>OFD11</i>	Odontoid hypoplasia, deafness
OFDS XIV	Autosomal recessive	11q13.4	<i>C2CD3, OFD14</i>	
OFDS XV	Autosomal recessive	17p13.1	<i>KIAA0753, OFIP, OFD15</i>	
OFDS XVI	Autosomal recessive	17p13.1	<i>TMEM107, MKS13, JBTS29</i>	
OFDS XVII	Autosomal recessive	4q28.1	<i>INTU, KIAA1284, PDZK6, SRTD20, OFD17</i>	
OFDS XVIII	Autosomal recessive	3q13.12-q13.13	<i>IFT57, ESRRL1, HIPPI, OFD18</i>	

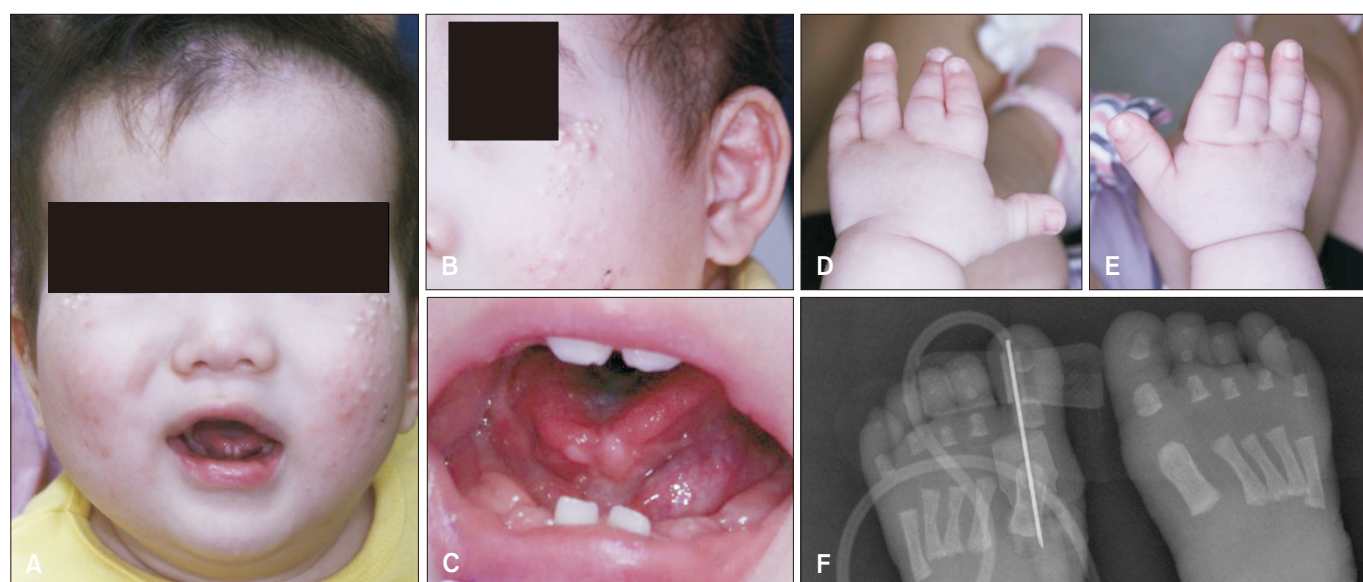


Fig. 1. (A) Presense of multiple milia on both cheek, predominantly on the left side. (B) Presence of multiple milia in the cheek as well as auricle. Partial hypotrichosis was also noted. (C) Shows bifid tongue and short frenulum. (D, E) Clino-brachy-syndactyly of hand were presented. (F) Anomalous deformities of both toes were seen on X-ray.

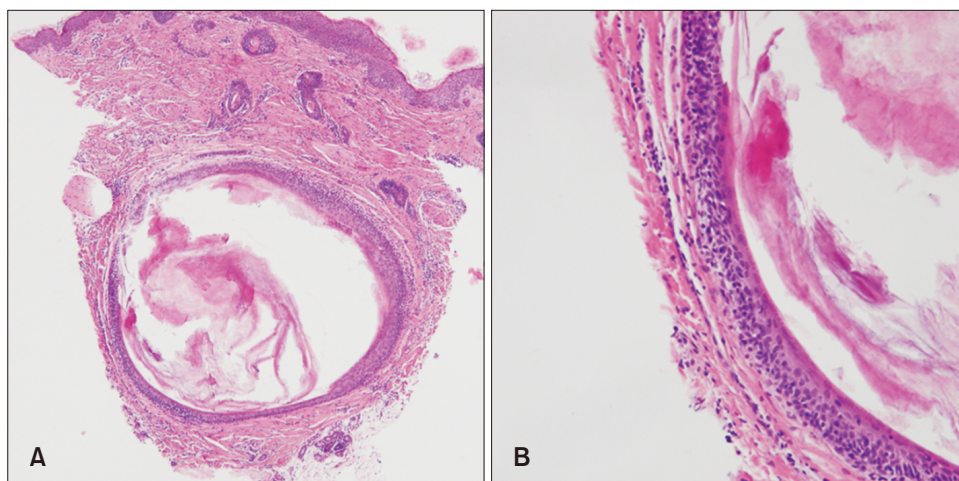


Fig. 2. (A) The biopsy specimen revealed a well-demarcated cystic lesion filled with keratinous materials in dermis (H&E, scanning view). (B) Lining cells of the wall of the cystic lesion were squamous epithelium (H&E, $\times 200$).

reported in a number of cases. The incidence of the disorder is estimated to be between 1/50,000 and 1/250,000 live births⁷. However, there is no definite consensus about classification of OFDS. Because overlap of the clinical features between subtypes is common, classification of a specific patient can be difficult. However, OFD1 can be distinguished from other types by its characteristic milia. Observed in about 30% of patients with OFD1⁴, OFDS milia show a more extensive pattern than primary congenital milia⁸. Although they sometimes disappear within the third year of life and leave scars, milia usually persist^{4,9}. In addition, because such large, deep lesions can cause greater aesthetic problems than other congenital milia, active treatment is required. Polycystic kidney disease (PKD) and central nervous system involvement are also commonly observed in up to 63% and 50% of patients, respectively, with OFD1⁴. The presence of PKD strongly suggests OFD1^{1,10}. However, symptoms of PKD most often develop in adulthood (second and third decades)⁴, so the syndrome may not be evident until adulthood.

Of the various subtypes of OFDS, the most diverse genetic mutations have been identified in patients with OFD1. Frame-shift, insertion, nonsense, missense, slicing, or genomic rearrangements of *OFD1* gene have been reported in cases^{2,11,12}. However, study reported that *OFD1* gene mutation was found in 81 of 100 OFD1 patients (81.0%) who had undergone genetic testing¹³. In another study, the *OFD1* gene mutation was negative, but some cases diagnosed as OFDS due to clinical features were also identified¹⁴. According to those reports, group of characteristic clinical manifestations are important clue to presume a diagnosis of OFD1 in so far as the genetic mutation

of OFD1 is found in limited cases.

Oculodentodigital dysplasia (ODDD) is also one of the diseases that may have clinical features similar to OFD1. However, unlike OFD1, ODDD can be distinguished in that it is characterized ophthalmic change, and gap junction protein alpha 1 (*GJA1*) gene mutation is the cause¹⁵. In addition, several syndromes associated with chromosomal microdeletion and duplication may have clinical features similar to OFD1. Our patient was excluded from the fact that no problems were found on the microarray^{16,17}.

Consequently, significant skin findings are very important because of their usefulness in early diagnosis of OFD1. The patient in the present case was suspected of having OFD1 based on the characteristic clinical findings.

We described a rare case of OFD1 in a patient with congenital milia, which has never been reported in the Korean dermatologic literature. Continuous follow-up, including renal and brain evaluation, should be considered in patients with OFDS.

In conclusion, among the subtypes of OFDS, OFD1 is of significance to the dermatologist because its characteristic skin lesions can assist in differential diagnosis from other subtypes, and it requires active dermatological treatment.

CONFLICTS OF INTEREST

The authors have nothing to disclose.

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ORCID

Young Wook Ko, <https://orcid.org/0000-0002-8585-3824>

Joo Yeon Ko, <https://orcid.org/0000-0003-4240-9675>

Young Suck Ro, <https://orcid.org/0000-0002-9642-5083>

Jeong Eun Kim, <https://orcid.org/0000-0002-4368-1243>

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