



# Clinical Characteristics and Treatment Outcomes of Patients with Macrolide-Resistant *Mycobacterium massiliense* Lung Disease

Hayoung Choi,<sup>a</sup> Su-Young Kim,<sup>a</sup> Hyun Lee,<sup>a</sup> Byung Woo Jhun,<sup>a</sup> Hye Yun Park,<sup>a</sup> Kyeongman Jeon,<sup>a</sup> Dae Hun Kim,<sup>a</sup> Hee Jae Huh,<sup>b</sup> Chang-Seok Ki,<sup>b</sup> Nam Yong Lee,<sup>b</sup> Seung-Heon Lee,<sup>c</sup> Sung Jae Shin,<sup>d</sup> Charles L. Daley,<sup>e</sup> Won-Jung Koh<sup>a</sup>

Division of Pulmonary and Critical Care Medicine, Department of Medicine, Samsung Medical Center, Sungkyunkwan University School of Medicine, Seoul, South Korea<sup>a</sup>; Department of Laboratory Medicine and Genetics, Samsung Medical Center, Sungkyunkwan University School of Medicine, Seoul, South Korea<sup>b</sup>; Korean Institute of Tuberculosis, Cheongju, South Korea<sup>c</sup>; Department of Microbiology, Yonsei University College of Medicine, Seoul, South Korea<sup>d</sup>; Division of Mycobacterial and Respiratory Infections, Department of Medicine, National Jewish Health, Denver, Colorado, USA<sup>e</sup>

**ABSTRACT** Macrolide antibiotics are cornerstones in the treatment of *Mycobacterium massiliense* lung disease. Despite the emergence of resistance, limited data on macrolide-resistant *M. massiliense* lung disease are available. This study evaluated the clinical features and treatment outcomes of patients and the molecular characteristics of macrolide-resistant *M. massiliense* isolates. We performed a retrospective review of medical records and genetic analyses of clinical isolates from 15 patients who had macrolide-resistant *M. massiliense* lung disease between September 2005 and February 2015. Nine patients (60%) had the nodular bronchiectatic form of the disease, and six (40%) had the fibrocavitary form. Before the detection of macrolide resistance, three patients (20%) were treated with macrolide monotherapy, four (27%) with therapy for presumed *Mycobacterium avium* complex infections, and eight (53%) with combination antibiotic therapy for *M. massiliense* lung disease. The median treatment duration after the detection of resistance was 18.7 months (interquartile range, 11.2 to 39.8 months). Treatment outcomes were poor, with a favorable outcome being achieved for only one patient (7%), who underwent surgery in addition to antibiotic therapy. The 1-, 3-, and 5-year mortality rates were 7, 13, and 33%, respectively. Of the 15 clinical isolates, 14 (93%) had point mutations at position 2058 ( $n = 9$ ) or 2059 ( $n = 5$ ) of the 23S rRNA gene, resulting in macrolide resistance. Our study indicates that treatment outcomes are poor and mortality rates are high after the development of macrolide resistance in patients with *M. massiliense* lung disease. Thus, preventing the development of macrolide resistance should be a key consideration during treatment.

**KEYWORDS** nontuberculous mycobacteria, *Mycobacterium massiliense*, macrolides, drug resistance

Pulmonary disease caused by nontuberculous mycobacteria (NTM) is increasing worldwide (1, 2); for patients with chronic lung diseases, such as bronchiectasis or cystic fibrosis, the *Mycobacterium abscessus* complex (MABC) is the most important cause of pulmonary infections due to rapidly growing mycobacteria (3, 4). Currently, the MABC can be divided into three subspecies, i.e., *M. abscessus* subsp. *abscessus* (hereafter *M. abscessus*), *M. abscessus* subsp. *massiliense* (hereafter *M. massiliense*), and *M. abscessus* subsp. *bolletii* (hereafter *M. bolletii*) (5, 6). Of the three subspecies, *M.*

Received 11 October 2016 Returned for modification 8 November 2016 Accepted 15 November 2016

Accepted manuscript posted online 21 November 2016

**Citation** Choi H, Kim S-Y, Lee H, Jhun BW, Park HY, Jeon K, Kim DH, Huh HJ, Ki C-S, Lee NY, Lee S-H, Shin SJ, Daley CL, Koh W-J. 2017. Clinical characteristics and treatment outcomes of patients with macrolide-resistant *Mycobacterium massiliense* lung disease. *Antimicrob Agents Chemother* 61:e02189-16. <https://doi.org/10.1128/AAC.02189-16>.

**Copyright** © 2017 American Society for Microbiology. All Rights Reserved.

Address correspondence to Won-Jung Koh, [wjkoh@skku.edu](mailto:wjkoh@skku.edu).

H.C. and S.-Y.K. contributed equally to this work.

**TABLE 1** Clinical characteristics at the time of diagnosis of macrolide-resistant *Mycobacterium massiliense* lung disease

Characteristic <sup>a</sup>	Total	Nodular bronchiectatic form	Fibrocavitary form	P
No. (%) of patients	15 (100)	9 (60)	6 (40)	
Female (no. [%])	10 (67)	7 (78)	3 (50)	0.329
Age (median [IQR]) (yr)	57 (48–67)	57 (46–65)	61 (51–72)	0.388
BMI (median [IQR]) (kg/m <sup>2</sup> )	21.1 (18.6–22.3)	21.5 (19.9–23.1)	18.4 (16.5–22.0)	0.088
Nonsmoker (no. [%])	11 (73)	8 (89)	3 (50)	0.235
Previous treatment for pulmonary TB (no. [%])	9 (60)	3 (33)	6 (100)	0.028
Previous treatment for NTM lung disease (no. [%])	1 (7)	0	1 (17)	0.4
Comorbidities (no. [%])				
COPD	5 (33)	2 (22)	3 (50)	0.329
Bronchiectasis	11 (73)	9 (100)	2 (33)	0.011
Chronic pulmonary aspergillosis	2 (13)	0	2 (33)	0.143
Chronic heart disease	1 (7)	1 (11)	0	1.0
Laboratory findings				
Positive sputum AFB smear (no. [%])	13 (87)	7 (78)	6 (100)	0.486
ESR (median [IQR]) (mm/h)	56 (45–75)	48 (19–66)	78 (56–86)	0.018
CRP level (median [IQR]) (mg/dl)	1.03 (0.25–4.85)	0.56 (0.10–1.50)	5.65 (2.09–9.33)	0.026
Cavitary lesions on HRCT scans (no. [%])	10 (67)	4 (44)	6 (100)	0.044
Pulmonary function test results				
FVC (median [IQR]) (liters)	2.81 (2.08–3.44)	2.81 (2.53–3.46)	2.43 (1.72–3.49)	0.529
FVC (median [IQR]) (% of predicted)	81 (67–93)	84.0 (80.5–97.5)	68.0 (47.0–96.5)	0.224
FEV <sub>1</sub> (median [IQR]) (liters)	1.97 (1.40–2.55)	1.97 (1.65–2.65)	1.74 (0.87–2.44)	0.456
FEV <sub>1</sub> (median [IQR]) (% of predicted)	75 (49–88)	81.0 (71.0–91.5)	61.5 (39.5–87.3)	0.224

<sup>a</sup>BMI, body mass index; TB, tuberculosis; NTM, nontuberculous mycobacteria; COPD, chronic obstructive pulmonary disease; AFB, acid-fast bacilli; ESR, erythrocyte sedimentation rate; CRP, C-reactive protein; HRCT, high-resolution computed tomography; FVC, forced vital capacity; FEV<sub>1</sub>, forced expiratory volume in 1 s.

*abscessus* is the most common pathogen (45 to 65%), followed by *M. massiliense* (20 to 55%) and *M. bolletii* (1 to 18%) (7).

The response rates for macrolide-based antibiotic therapy are much higher among patients with *M. massiliense* lung disease than among those with *M. abscessus* lung disease (8–10). This is likely due to the presence of a functional ribosomal methyl transferase *erm*(41) gene in *M. abscessus*, which results in inducible macrolide resistance, observed as susceptibility to macrolides at day 3 but resistance at day 14 of drug susceptibility testing (DST). In contrast, the *erm*(41) gene is nonfunctional in *M. massiliense*, and inducible resistance does not occur (11–14). Therefore, macrolide antibiotics, such as clarithromycin and azithromycin, are cornerstones in the antibiotic treatment of *M. massiliense* lung disease (15–18).

Acquired macrolide resistance (observed as resistance at day 3 of DST) can develop during macrolide antibiotic treatment of *M. massiliense* lung disease, however, and is conferred by mutations in the drug-binding pocket of the 23S rRNA gene (*rrl*), at nucleotide positions 2058 and 2059 (19–22). Although previous laboratory studies observed this acquired macrolide resistance in some *M. massiliense* clinical isolates, no published data are available regarding the risk factors or clinical characteristics of macrolide-resistant *M. massiliense* lung disease or the treatment outcomes of affected patients. Our aims in this study were to evaluate the clinical features and treatment outcomes of patients with macrolide-resistant *M. massiliense* lung disease, as well as to examine the molecular characteristics of the pathogen.

## RESULTS

**Patient characteristics.** A total of 15 patients were diagnosed with macrolide-resistant *M. massiliense* lung disease during the study period. The clinical characteristics of the patients are summarized in Table 1. Some of the clinical data for two of the patients were included in a recently published article (18); data for the remaining patients have not been reported previously. There were 10 female patients (67%), and the median age of all patients was 57 years (interquartile range [IQR], 48 to 67 years).

**TABLE 2** Treatment regimens before the detection of macrolide-resistant *Mycobacterium massiliense* lung disease

Treatment regimen <sup>a</sup>	No. (%)	Duration of exposure (median [IQR])		
		Macrolide (mo)	Macrolide without IV antibiotics (mo)	IV antibiotics (wk)
Macrolide monotherapy	3 (20)	3.0 (NA)	3.0 (NA)	0
Combined antibiotic therapy for presumed MAC lung disease	4 (27)	11.0 (5.4–20.3)	11.0 (5.4–20.3)	0
Macrolide + RIF + EMB	3			
Macrolide + RIF + EMB + FQ	1			
Combined antibiotic therapy for <i>M. massiliense</i> lung disease	8 (53)	12.5 (10.0–18.5)	12.0 (9.6–18.0)	2.0 (2.0–3.5)
Macrolide + IV antibiotics	2			
Macrolide + IV antibiotics + RIF + EMB + FQ <sup>b</sup>	2			
Macrolide + IV antibiotics + FQ ± DOX	4			
Total	15 (100)	10.0 (4.0–17.0)	10.0 (4.0–16.5)	1.4 (0–2.0)

<sup>a</sup>Intravenous antibiotics included amikacin and ceftazidime (or imipenem). MAC, *M. avium* complex; IV, intravenous; RIF, rifampin; EMB, ethambutol; FQ, fluoroquinolone; DOX, doxycycline; NA, not available.

<sup>b</sup>Two patients had mixed infections with *M. massiliense* and *M. avium* complex.

Nine patients (60%) had a history of previous treatment for pulmonary tuberculosis. One patient (7%) had a history of previous treatment for NTM lung disease caused by a mixed infection with *M. intracellulare* and *M. massiliense*.

Sputum smears were positive for acid-fast bacilli (AFB) for 13 patients (87%) at the time macrolide resistance was detected. Chest radiography and high-resolution computed tomography (HRCT) findings were available for all patients. Nine patients (60%) had the nodular bronchiectatic form of the disease, and six (40%) had the fibrocavitary form. Cavitary lesions were found on HRCT scans for all patients with the fibrocavitary form and for four patients (44%) with the nodular bronchiectatic form. The patients with the fibrocavitary form had a higher rate of previous tuberculosis history (100% versus 33%;  $P = 0.028$ ) and higher values for serum inflammatory markers, such as the erythrocyte sedimentation rate (78 versus 48 mm/h;  $P = 0.018$ ) and C-reactive protein levels (5.65 versus 0.56 mg/dl;  $P = 0.026$ ).

#### Antibiotic therapy before the detection of macrolide-resistant *M. massiliense*.

For nine patients (60%), macrolide resistance was detected when they were transferred to our hospital after long-term antibiotic treatment at other hospitals; for six patients (40%), macrolide resistance developed during antibiotic treatment at our institution. All patients received macrolide treatment, and the median duration of macrolide exposure before the detection of macrolide resistance was 10.0 months (IQR, 4.0 to 17.0 months).

Macrolide monotherapy had been prescribed for three patients (20%), i.e., one who refused hospitalization for combination intravenous antibiotic therapy for *M. massiliense* lung disease, one for treatment of multidrug-resistant tuberculosis, and one for an MABC infection without subspecies differentiation. Combined anti-NTM antibiotic therapy, consisting of a macrolide, rifampin, and ethambutol, had been prescribed for four patients (27%) for presumed *M. avium* complex (MAC) infections without precise identification of the etiological organism for the NTM lung disease. Combined antibiotic therapy for *M. massiliense* lung disease, consisting of a macrolide, amikacin, and ceftazidime (or imipenem), had been prescribed for eight patients (53%), two of whom also received rifampin and ethambutol because they had mixed infections with *M. massiliense* and MAC. The median duration of intravenous antibiotic exposure for these eight patients was 2.0 weeks (IQR, 2.0 to 3.5 weeks) (Table 2).

**Treatment and outcomes after the detection of macrolide-resistant *M. massiliense*.** The treatment regimens after the detection of macrolide resistance and the subsequent treatment outcomes are summarized in Table 3. After the detection of macrolide resistance, macrolides continued to be prescribed for all patients. Amikacin ( $n = 10$  [67%]), ceftazidime or imipenem ( $n = 10$  [67%]), fluoroquinolone ( $n = 5$  [33%]), doxycycline ( $n = 3$  [20%]), linezolid ( $n = 1$  [7%]), trimethoprim-sulfamethoxazole ( $n =$

**TABLE 3** Treatment modalities and outcomes after the detection of macrolide-resistant *Mycobacterium massiliense* lung disease

Parameter <sup>a</sup>	Total (n = 15)	Nodular bronchiectatic form (n = 9)	Fibrocavitary form (n = 6)
Antibiotic therapy (no. [%])			
Amikacin	10 (67)	7 (78)	3 (50)
Cefoxitin or imipenem	10 (67)	7 (78)	3 (50)
Macrolide	15 (100)	9 (100)	6 (100)
Fluoroquinolone	5 (33)	4 (44)	1 (17)
Doxycycline	3 (20)	2 (22)	1 (17)
Linezolid	1 (7)	0	1 (17)
Trimethoprim-sulfamethoxazole	2 (13)	1 (11)	1 (17)
Clofazimine	7 (47)	5 (56)	2 (33)
Amikacin inhalation	5 (33)	4 (44)	1 (17)
Surgical resection (no. [%])	3 (20)	1 (11)	2 (33)
Total treatment duration (median [IQR]) (mo)	18.7 (11.2–39.8)	19.6 (15.0–62.7)	14.7 (7.7–30.4)
Treatment outcome (no. [%])			
Sputum culture conversion within 12 mo	1 (7)	0	1 (17)
Sputum culture conversion at end of treatment	2 (13)	1 (11)	1 (17)
Deaths			
Time from detection of resistance to death (median [IQR]) (mo)	38.7 (11.4–41.9)	41.9	19.3
1-yr deaths (no. [%])	1 (7)	0	1 (17)
3-yr deaths (no. [%])	2 (13)	0	2 (33)
5-yr deaths (no. [%])	5 (33)	2 (22)	3 (50)
Death due to NTM lung disease (no. [%])	4 (27)	1 (11)	3 (50)
Death due to all causes (no. [%])	5 (33)	2 (22)	3 (50)

<sup>a</sup>NTM, nontuberculous mycobacteria.

2 [13%], clofazimine ( $n = 7$  [47%]), and amikacin inhalation ( $n = 5$  [33%]) were used at the discretion of the attending physicians. The median duration of antibiotic therapy after the detection of macrolide resistance was 18.7 months (IQR, 11.2 to 39.8 months). Ten patients (67%) received amikacin and cefoxitin (or imipenem), and the median duration of intravenous antibiotic treatment was 3.5 weeks (IQR, 1.9 to 13.1 weeks). Three patients (20%) underwent surgical resection; two with the fibrocavitary form underwent lobectomy at 6.4 or 1.0 months after the detection of macrolide resistance, and one with the nodular bronchiectatic form underwent segmentectomy 8.4 months after the detection of macrolide resistance.

Based on the occurrence and timing of sputum culture conversion (see Materials and Methods), only one patient (7%) achieved a favorable outcome. That patient, who showed negative sputum culture results within 12 months of treatment after the detection of macrolide resistance, had undergone lobectomy, with the negative sputum cultures occurring 2 months after surgery. Although surgical resection was performed for three patients, the other two patients failed to achieve sputum culture conversion even after surgery. One patient who had not undergone surgery eventually achieved sputum culture conversion 25 months after the detection of macrolide resistance. During the median follow-up period of 38.7 months (IQR, 11.4 to 41.9 months) after the detection of macrolide resistance, the all-cause mortality rate was 33% (5/15 patients). The overall cumulative mortality rates at 1, 3, and 5 years were 7% ( $n = 1$ ), 13% ( $n = 2$ ), and 33% ( $n = 5$ ), respectively.

**Genetic analysis of macrolide-resistant *M. massiliense* isolates.** Macrolide-resistant *M. massiliense* isolates were available from all patients for genetic analysis. We found point mutations at position 2058 ( $n = 9$ ) or 2059 ( $n = 5$ ) of the 23S rRNA gene in all but one of the isolates. The most common mutation was a nucleotide change from adenine to guanine (9/15 patients [60%]), followed by cytosine (3/15 patients [20%]) and thymine (2/15 patients [13%]) (Table 4).

## DISCUSSION

In this study, we investigated the clinical characteristics and treatment outcomes of 15 patients with macrolide-resistant *M. massiliense* lung disease, as well as the molec-

**TABLE 4** Analysis of mutations in the 23S rRNA (*rrl*) gene of macrolide-resistant *Mycobacterium massiliense* clinical isolates (*n* = 15)

Point mutation at position 2058 or 2059 <sup>a</sup>	No. (%)
Presence of mutation	14 (93)
Adenine → guanine	9 (60)
A2058G	4
A2059G	5
Adenine → cytosine	3 (20)
A2058C	3
A2059C	0
Adenine → thymine	2 (13)
A2058T	2
A2059T	0
Absence of mutation	1 (7)

<sup>a</sup>*E. coli rrl* numbering was used.

ular characteristics of the disease isolates. Overall, the treatment outcomes were very poor, with limited effective treatment options. Among the 15 patients, a median of 18.7 months of antibiotic treatment after the detection of macrolide resistance generated a favorable outcome for only one patient (7%), and the 5-year mortality rate after the development of macrolide resistance was high (33%).

Among MABC lung disease variants, *M. massiliense* lung disease has demonstrated higher treatment success rates (88 to 96%) than has *M. abscessus* lung disease (25 to 42%) (8, 9) because inducible resistance is not found in *M. massiliense*, which has a partially deleted, nonfunctional *erm*(41) gene (19). However, the treatment success rate was only 7% in this study of macrolide-resistant *M. massiliense* lung disease. In addition to our study results, a previous report suggested that susceptibility to clarithromycin was the only significant independent predictor of a favorable microbiological response in MABC lung disease, including *M. massiliense* lung disease (23, 24).

Despite the clinical implications of such a report, little research on the risk factors that contribute to the development of macrolide resistance in *M. massiliense* lung disease has been published. We found macrolide monotherapy to be an important such risk factor. Overall, seven patients (7/15 patients [47%]) had received a macrolide without other effective antibiotics for *M. massiliense* before the emergence of macrolide resistance. In particular, before transferring to our hospital, four patients (4/15 patients [27%]) received treatment at other hospitals for presumed MAC infections, based on multiple positive NTM cultures, but without precise identification of the etiological organism for the NTM lung disease. Rifampin and ethambutol, which are routinely used to treat MAC, show poor activity in both *M. abscessus* and *M. massiliense* infections (25). Hence, the patients receiving presumed anti-MAC treatment could be regarded as receiving macrolide monotherapy for *M. massiliense* lung disease.

We found eight patients (8/15 patients [53%]) who developed macrolide resistance after receiving a macrolide with other antibiotics effective against *M. massiliense*. That finding suggests that macrolide resistance could develop during the weak antibiotic regimens used during the continuation phase, after completion of an initiation phase that includes multiple intravenous antibiotics. In our previous study, we found that macrolide resistance developed infrequently among patients with *M. massiliense* lung disease (5% [2/43 patients]), even those receiving macrolide monotherapy, if the monotherapy followed 2 weeks of combination antibiotic therapy (18). Therefore, in our present study, the higher rate of macrolide resistance might be specifically associated with greater bacterial burdens in those eight patients. All eight patients had positive AFB smears, and five patients had cavitary disease at the time macrolide-resistant *M. massiliense* lung disease was diagnosed. Three patients had noncavitary nodular bronchiectatic *M. massiliense* lung disease, however, which suggests that the weak antibiotic regimens used during the continuation phase could contribute to the

development of macrolide resistance in *M. massiliense* lung disease. Therefore, the consequences of developing macrolide resistance are too important to allow recommendation of macrolide monotherapy for treatment of *M. massiliense* lung disease during the continuation phase, even though most patients were effectively treated in our previous study (18).

In this study, various antibiotics were administered after the diagnosis of macrolide-resistant *M. massiliense* lung disease; however, none of the treatment regimens was successful. Newer agents, such as inhaled amikacin and clofazimine, have shown some encouraging preliminary results in the treatment of refractory MABC lung disease (26, 27), but optimal antibiotic regimens for *M. massiliense* lung disease have not been established. Recently, the U.S. Cystic Fibrosis Foundation and the European Cystic Fibrosis Society recommended that the continuation phase of *M. abscessus* lung disease treatment include a daily oral macrolide, inhaled amikacin, and two or three additional oral antibiotics, such as clofazimine, minocycline, or moxifloxacin (4). Further research is needed to establish optimal treatment regimens for *M. massiliense* lung disease, especially macrolide-resistant disease, and to prevent the development of macrolide resistance during treatment.

In our study, all macrolide-resistant *M. massiliense* isolates except one had point mutations at position 2058 or 2059 of the 23S rRNA. Of these point mutations, the most common was the transition from adenine to guanine at position 2058, consistent with the findings of previous studies (20, 22, 28, 29). In previous studies, all clarithromycin-resistant *M. massiliense* isolates had *rml* mutations (19, 20, 22, 28–30). If macrolide treatment pressure continues, NTM are likely to develop a stable resistant lineage (31). However, the acquisition of an *rml* mutation obviously confers a biofitness disadvantage to NTM in the absence of macrolide antibiotics; mutational macrolide resistance thus appears to occur infrequently in spite of prolonged macrolide monotherapy (18). In the present study, the one *M. massiliense* isolate without an *rml* mutation had low-level clarithromycin resistance (MIC, 8  $\mu\text{g}/\text{ml}$ ) (18). Low-level drug resistance can initially be mediated by activation of an efflux pump early in the treatment period. An inactive efflux pump is thought to be the first step in acquiring mutational resistance, which is associated with high-level clarithromycin resistance (32).

Our study had several limitations. First, it was conducted at a single referral center and included a small number of patients. Second, treatment regimens, including the addition of intravenous antibiotics, were chosen by the attending physicians, without an established institutional protocol. Further studies with larger numbers of patients are needed to evaluate the efficacy of antibiotic therapy in the treatment of macrolide-resistant *M. massiliense* lung disease.

In conclusion, we found that macrolide resistance could develop in patients with *M. massiliense* lung disease, especially those with large mycobacterial burdens, after macrolide monotherapy or during weak antibiotic regimens in the continuation phase after an initiation phase that included multiple intravenous antibiotics. Treatment outcomes are poor and mortality rates are high after the development of macrolide resistance. Therefore, preventing the development of macrolide resistance during the treatment of *M. massiliense* lung disease is of major concern, and the appearance of resistance in our patient population underscores the need for more effective therapies for this disease.

## MATERIALS AND METHODS

**Study population.** We reviewed the medical records for all patients who had macrolide-resistant *M. massiliense* lung disease between September 2005 and February 2015, as identified from the NTM Registry of Samsung Medical Center (a 1,979-bed referral hospital in Seoul, South Korea). All patients fulfilled the diagnostic criteria for NTM lung disease (3). This retrospective study was approved by the institutional review board (IRB) of Samsung Medical Center (IRB application no. 2016-07-016). The patient information was anonymized and deidentified prior to analysis; therefore, requirements for informed consent were waived.

**Radiographic and microbiological examinations.** The fibrocavitary form of the disease (previously called the upper lobe cavitary form) was defined by the presence of cavitary opacities, mainly in the upper lobes. The nodular bronchiectatic form was defined by the presence of bronchiectasis and



multiple nodules on chest HRCT scans, irrespective of the presence of small cavities (diameters of <3 cm) in the lungs (33, 34).

Sputum smears and cultures of AFB were obtained using standard methods (33). During the study period, NTM species were identified by a PCR and restriction fragment length polymorphism method based on the *rpoB* gene or by reverse blot hybridization assay of the *rpoB* gene (35–38), followed by multilocus sequencing analysis of *rrs*, *hsp65*, and *rpoB* (39). DST was performed at the Korean Institute of Tuberculosis, using the broth microdilution method (40). Isolates with MICs of  $\geq 8$   $\mu\text{g/ml}$  were considered clarithromycin resistant (40). MICs for azithromycin were not determined, as clarithromycin is the class drug for macrolides (40).

*M. massiliense* isolates were stored at  $-80^\circ\text{C}$ , for further analysis, at the time of detection of macrolide resistance. The *erm*(41) gene was detected by PCR sequencing, as described previously (19). For detection of point mutations at position 2058 or 2059 (*Escherichia coli* numbering) in the 23S rRNA gene, we performed PCR to amplify the region corresponding to domain V of the 23S rRNA gene, according to the method described previously (41). The primers 23SF1 and 23SR11 were used for PCR and sequencing (41).

**Antibiotic therapy and treatment outcomes.** Although the initial treatment regimens for macrolide-susceptible *M. massiliense* lung disease were standardized (8, 18), treatment regimens for macrolide-resistant *M. massiliense* lung disease were not standardized in our institution during the study period. Patients with mild symptoms when macrolide resistance was detected received oral antibiotics at the outpatient clinic. Patients with severe symptoms were hospitalized and received intravenous amikacin (15 mg/kg/day, in two divided doses) and cefoxitin (200 mg/kg/day [maximum of 12 g/day], in three divided doses) for 2 to 4 weeks. If an adverse reaction associated with cefoxitin occurred, then imipenem (750 mg, three times per day) was substituted for cefoxitin (8, 18), along with oral antibiotics. For the oral antibiotics, treatment with a macrolide (clarithromycin at 1,000 mg/day or azithromycin at 250 mg/day) was continued for all patients and additional drugs, such as a fluoroquinolone (ciprofloxacin at 1,000 mg/day or moxifloxacin at 400 mg/day), doxycycline (200 mg/day), linezolid (600 mg/day), trimethoprim-sulfamethoxazole (320 and 1,600 mg/day), clofazimine (100 mg/day), or inhaled amikacin (250 to 500 mg/day), were used at the discretion of the attending physicians.

Treatment outcomes were assessed by sputum culture conversion after the detection of macrolide-resistant *M. massiliense* lung disease; conversion was defined as three consecutive negative cultures, with the time of conversion defined as the date of the first negative culture (8, 18). A favorable outcome was defined as sputum culture conversion within 12 months after the initiation of treatment and maintenance for  $\geq 12$  months with treatment. Sputum culture conversion was also tested at the end of treatment.

**Statistical analysis.** Data are presented as the median and IQR for continuous variables and as the frequency and percentage for categorical variables. Data were compared with the Mann-Whitney *U* test for continuous variables, because of nonnormality, and with Pearson's chi-square test or Fisher's exact test for categorical variables. All tests were two-sided, and *P* values of  $<0.05$  were considered significant. Data were analyzed using IBM SPSS Statistics for Windows (version 23.0; IBM, Armonk, NY, USA).

## ACKNOWLEDGMENTS

This research was supported by the Basic Science Research Program through the National Research Foundation of Korea, funded by the Ministry of Science, ICT, and Future Planning (grant NRF-2015R1A2A1A01003959), and by a grant from the Korea Health Technology R&D Project through the Korea Health Industry Development Institute, funded by the Ministry of Health and Welfare, Republic of Korea (grant HI15C2778).

C.L.D. has received grants from Inamed, Inc., not associated with the submitted work. Otherwise, we have no conflicts of interest to declare.

## REFERENCES

- Prevots DR, Marras TK. 2015. Epidemiology of human pulmonary infection with nontuberculous mycobacteria: a review. *Clin Chest Med* 36: 13–34. <https://doi.org/10.1016/j.ccm.2014.10.002>.
- Stout JE, Koh WJ, Yew WW. 2016. Update on pulmonary disease due to non-tuberculous mycobacteria. *Int J Infect Dis* 45:123–134. <https://doi.org/10.1016/j.ijid.2016.03.006>.
- Griffith DE, Aksamit T, Brown-Elliott BA, Catanzaro A, Daley C, Gordin F, Holland SM, Horsburgh R, Huitt G, Iademarco MF, Iseman M, Olivier K, Ruoss S, von Reyn CF, Wallace RJ, Jr, Winthrop K. 2007. An official ATS/IDSA statement: diagnosis, treatment, and prevention of nontuberculous mycobacterial diseases. *Am J Respir Crit Care Med* 175:367–416. <https://doi.org/10.1164/rccm.200604-571ST>.
- Floto RA, Olivier KN, Saiman L, Daley CL, Herrmann JL, Nick JA, Noone PG, Bilton D, Corris P, Gibson RL, Hempstead SE, Koetz K, Sabadosa KA, Sermet-Gaudelus I, Smyth AR, van Ingen J, Wallace RJ, Winthrop KL, Marshall BC, Haworth CS. 2016. US Cystic Fibrosis Foundation and European Cystic Fibrosis Society consensus recommendations for the management of non-tuberculous mycobacteria in individuals with cystic fibrosis. *Thorax* 71(Suppl 1):i1–i22. <https://doi.org/10.1136/thoraxjnl-2015-207360>.
- Griffith DE, Brown-Elliott BA, Benwill JL, Wallace RJ, Jr. 2015. *Mycobacterium abscessus*: “pleased to meet you, hope you guess my name.” *Ann Am Thorac Soc* 12:436–439. <https://doi.org/10.1513/AnnalsATS.201501-015OI>.
- Tortoli E, Kohl TA, Brown-Elliott BA, Trovato A, Leao SC, Garcia MJ, Vasireddy S, Turenne CY, Griffith DE, Philley JV, Baldan R, Campana S, Cariani L, Colombo C, Taccetti G, Teri A, Niemann S, Wallace RJ, Jr, Cirillo DM. 2016. Emended description of *Mycobacterium abscessus*, *Mycobacterium abscessus* subsp. *abscessus*, *Mycobacterium abscessus* subsp. *bolletii* and designation of *Mycobacterium abscessus* subsp.

- massiliense* comb. nov. Int J Syst Evol Microbiol 66:4471–4479. <https://doi.org/10.1099/ijsem.0.001376>.
7. Koh WJ, Stout JE, Yew WW. 2014. Advances in the management of pulmonary disease due to *Mycobacterium abscessus* complex. Int J Tuberc Lung Dis 18:1141–1148. <https://doi.org/10.5588/ijtld.14.0134>.
  8. Koh WJ, Jeon K, Lee NY, Kim BJ, Kook YH, Lee SH, Park YK, Kim CK, Shin SJ, Huitt GA, Daley CL, Kwon OJ. 2011. Clinical significance of differentiation of *Mycobacterium massiliense* from *Mycobacterium abscessus*. Am J Respir Crit Care Med 183:405–410. <https://doi.org/10.1164/rccm.201003-0395OC>.
  9. Lyu J, Kim BJ, Kim BJ, Song JW, Choi CM, Oh YM, Lee SD, Kim WS, Kim DS, Shim TS. 2014. A shorter treatment duration may be sufficient for patients with *Mycobacterium massiliense* lung disease than with *Mycobacterium abscessus* lung disease. Respir Med 108:1706–1712. <https://doi.org/10.1016/j.rmed.2014.09.002>.
  10. Roux AL, Catherinet E, Soismier N, Heym B, Bellis G, Lemonnier L, Chiron R, Fauroux B, Le Bourgeois M, Munck A, Pin I, Sermet I, Gutierrez C, Veziris N, Jarlier V, Cambau E, Herrmann JL, Guillemot D, Gaillard JL. 2015. Comparing *Mycobacterium massiliense* and *Mycobacterium abscessus* lung infections in cystic fibrosis patients. J Cyst Fibros 14:63–69. <https://doi.org/10.1016/j.jcf.2014.07.004>.
  11. Nash KA, Brown-Elliott BA, Wallace RJ, Jr. 2009. A novel gene, *erm(41)*, confers inducible macrolide resistance to clinical isolates of *Mycobacterium abscessus* but is absent from *Mycobacterium chelonae*. Antimicrob Agents Chemother 53:1367–1376. <https://doi.org/10.1128/AAC.01275-08>.
  12. Choi GE, Shin SJ, Won CJ, Min KN, Oh T, Hahn MY, Lee K, Lee SH, Daley CL, Kim S, Jeong BH, Jeon K, Koh WJ. 2012. Macrolide treatment for *Mycobacterium abscessus* and *Mycobacterium massiliense* infection and inducible resistance. Am J Respir Crit Care Med 186:917–925. <https://doi.org/10.1164/rccm.201111-2005OC>.
  13. Kim SY, Kim CK, Bae IK, Jeong SH, Yim JJ, Jung JY, Park MS, Kim YS, Kim SK, Chang J, Kang YA. 2015. The drug susceptibility profile and inducible resistance to macrolides of *Mycobacterium abscessus* and *Mycobacterium massiliense* in Korea. Diagn Microbiol Infect Dis 81:107–111. <https://doi.org/10.1016/j.diagmicrobio.2014.10.007>.
  14. Brown-Elliott BA, Vasireddy S, Vasireddy R, Iakhaieva E, Howard ST, Nash K, Parodi N, Strong A, Gee M, Smith T, Wallace RJ, Jr. 2015. Utility of sequencing the *erm(41)* gene in isolates of *Mycobacterium abscessus* subsp. *abscessus* with low and intermediate clarithromycin MICs. J Clin Microbiol 53:1211–1215. <https://doi.org/10.1128/JCM.02950-14>.
  15. Ryu YJ, Koh WJ, Daley CL. 2016. Diagnosis and treatment of nontuberculous mycobacterial lung disease: clinicians' perspectives. Tuberc Respir Dis (Seoul) 79:74–84. <https://doi.org/10.4046/trd.2016.79.2.74>.
  16. Kang YA, Koh WJ. 2016. Antibiotic treatment for nontuberculous mycobacterial lung disease. Expert Rev Respir Med 10:557–568. <https://doi.org/10.1586/17476348.2016.1165611>.
  17. Kwon YS, Koh WJ. 2016. Diagnosis and treatment of nontuberculous mycobacterial lung disease. J Korean Med Sci 31:649–659. <https://doi.org/10.3346/jkms.2016.31.5.649>.
  18. Koh WJ, Jeong BH, Jeon K, Kim SY, Park KU, Park HY, Huh HJ, Ki CS, Lee NY, Lee SH, Kim CK, Daley CL, Shin SJ, Kim H, Kwon OJ. 2016. Oral macrolide therapy following short-term combination antibiotic treatment for *Mycobacterium massiliense* lung disease. Chest 150:1211–1221. <https://doi.org/10.1016/j.chest.2016.05.003>.
  19. Bastian S, Veziris N, Roux AL, Brossier F, Gaillard JL, Jarlier V, Cambau E. 2011. Assessment of clarithromycin susceptibility in strains belonging to the *Mycobacterium abscessus* group by *erm(41)* and *rml* sequencing. Antimicrob Agents Chemother 55:775–781. <https://doi.org/10.1128/AAC.00861-10>.
  20. Maurer FP, Ruegger V, Ritter C, Bloemberg GV, Bottger EC. 2012. Acquisition of clarithromycin resistance mutations in the 23S rRNA gene of *Mycobacterium abscessus* in the presence of inducible *erm(41)*. J Antimicrob Chemother 67:2606–2611. <https://doi.org/10.1093/jac/dks279>.
  21. Shallom SJ, Moura NS, Olivier KN, Sampaio EP, Holland SM, Zelazny AM. 2015. New real-time PCR assays for detection of inducible and acquired clarithromycin resistance in the *Mycobacterium abscessus* group. J Clin Microbiol 53:3430–3437. <https://doi.org/10.1128/JCM.01714-15>.
  22. Mougari F, Amarsy R, Veziris N, Bastian S, Brossier F, Bercot B, Raskine L, Cambau E. 2016. Standardized interpretation of antibiotic susceptibility testing and resistance genotyping for *Mycobacterium abscessus* with regard to subspecies and *erm41* sequevar. J Antimicrob Chemother 71:2208–2212. <https://doi.org/10.1093/jac/dkw130>.
  23. Jeon K, Kwon OJ, Lee NY, Kim BJ, Kook YH, Lee SH, Park YK, Kim CK, Koh WJ. 2009. Antibiotic treatment of *Mycobacterium abscessus* lung disease: a retrospective analysis of 65 patients. Am J Respir Crit Care Med 180:896–902. <https://doi.org/10.1164/rccm.200905-0704OC>.
  24. Lyu J, Jang HJ, Song JW, Choi CM, Oh YM, Lee SD, Kim WS, Kim DS, Shim TS. 2011. Outcomes in patients with *Mycobacterium abscessus* pulmonary disease treated with long-term injectable drugs. Respir Med 105:781–787. <https://doi.org/10.1016/j.rmed.2010.12.012>.
  25. Harada T, Akiyama Y, Kurashima A, Nagai H, Tsuyuguchi K, Fujii T, Yano S, Shigeto E, Kuraoka T, Kajiki A, Kobashi Y, Kokubu F, Sato A, Yoshida S, Iwamoto T, Saito H. 2012. Clinical and microbiological differences between *Mycobacterium abscessus* and *Mycobacterium massiliense* lung diseases. J Clin Microbiol 50:3556–3561. <https://doi.org/10.1128/JCM.01175-12>.
  26. Olivier KN, Shaw PA, Glaser TS, Bhattacharyya D, Flesher M, Brewer CC, Zalewski CK, Folio LR, Siegelman JR, Shallom S, Park IK, Sampaio EP, Zelazny AM, Holland SM, Prevots DR. 2014. Inhaled amikacin for treatment of refractory pulmonary nontuberculous mycobacterial disease. Ann Am Thorac Soc 11:30–35. <https://doi.org/10.1513/AnnalsATS.201307-231OC>.
  27. Shen GH, Wu BD, Hu ST, Lin CF, Wu KM, Chen JH. 2010. High efficacy of clofazimine and its synergistic effect with amikacin against rapidly growing mycobacteria. Int J Antimicrob Agents 35:400–404. <https://doi.org/10.1016/j.ijantimicag.2009.12.008>.
  28. Kim HY, Kook Y, Yun YJ, Park CG, Lee NY, Shim TS, Kim BJ, Kook YH. 2008. Proportions of *Mycobacterium massiliense* and *Mycobacterium boletii* strains among Korean *Mycobacterium chelonae*-*Mycobacterium abscessus* group isolates. J Clin Microbiol 46:3384–3390. <https://doi.org/10.1128/JCM.00319-08>.
  29. Bryant JM, Grogono DM, Greaves D, Foweraker J, Roddick I, Inns T, Reacher M, Haworth CS, Curran MD, Harris SR, Peacock SJ, Parkhill J, Floto RA. 2013. Whole-genome sequencing to identify transmission of *Mycobacterium abscessus* between patients with cystic fibrosis: a retrospective cohort study. Lancet 381:1551–1560. [https://doi.org/10.1016/S0140-6736\(13\)60632-7](https://doi.org/10.1016/S0140-6736(13)60632-7).
  30. Kim HY, Kim BJ, Kook Y, Yun YJ, Shin JH, Kim BJ, Kook YH. 2010. *Mycobacterium massiliense* is differentiated from *Mycobacterium abscessus* and *Mycobacterium boletii* by erythromycin ribosome methyltransferase gene (*erm*) and clarithromycin susceptibility patterns. Microbiol Immunol 54:347–353. <https://doi.org/10.1111/j.1348-0421.2010.00221.x>.
  31. Nash KA. 2001. Effect of drug concentration on emergence of macrolide resistance in *Mycobacterium avium*. Antimicrob Agents Chemother 45:1607–1614. <https://doi.org/10.1128/AAC.45.6.1607-1614.2001>.
  32. Schmalstieg AM, Srivastava S, Belkaya S, Deshpande D, Meek C, Leff R, van Oers NS, Gumbo T. 2012. The antibiotic resistance arrow of time: efflux pump induction is a general first step in the evolution of mycobacterial drug resistance. Antimicrob Agents Chemother 56:4806–4815. <https://doi.org/10.1128/AAC.05546-11>.
  33. Koh WJ, Kwon OJ, Jeon K, Kim TS, Lee KS, Park YK, Bai GH. 2006. Clinical significance of nontuberculous mycobacteria isolated from respiratory specimens in Korea. Chest 129:341–348. <https://doi.org/10.1378/chest.129.2.341>.
  34. Kim HS, Lee KS, Koh WJ, Jeon K, Lee EJ, Kang H, Ahn J. 2012. Serial CT findings of *Mycobacterium massiliense* pulmonary disease compared with *Mycobacterium abscessus* disease after treatment with antibiotic therapy. Radiology 263:260–270. <https://doi.org/10.1148/radiol.12111374>.
  35. Sim YS, Park HY, Jeon K, Suh GY, Kwon OJ, Koh WJ. 2010. Standardized combination antibiotic treatment of *Mycobacterium avium* complex lung disease. Yonsei Med J 51:888–894. <https://doi.org/10.3349/ymj.2010.51.6.888>.
  36. Koh WJ, Jeong BH, Jeon K, Lee NY, Lee KS, Woo SY, Shin SJ, Kwon OJ. 2012. Clinical significance of the differentiation between *Mycobacterium avium* and *Mycobacterium intracellulare* in *M. avium* complex lung disease. Chest 142:1482–1488. <https://doi.org/10.1378/chest.12-0494>.
  37. Jeong BH, Jeon K, Park HY, Kim SY, Lee KS, Huh HJ, Ki CS, Lee NY, Shin SJ, Daley CL, Koh WJ. 2015. Intermittent antibiotic therapy for nodular bronchiectatic *Mycobacterium avium* complex lung disease. Am J Respir Crit Care Med 191:96–103. <https://doi.org/10.1164/rccm.201408-1545OC>.
  38. Wang HY, Bang H, Kim S, Koh WJ, Lee H. 2014. Identification of *Mycobacterium* species in direct respiratory specimens using reverse blot hybridisation assay. Int J Tuberc Lung Dis 18:1114–1120. <https://doi.org/10.5588/ijtld.14.0140>.



39. Kim SY, Shin SJ, Jeong BH, Koh WJ. 2016. Successful antibiotic treatment of pulmonary disease caused by *Mycobacterium abscessus* subsp. *abscessus* with C-to-T mutation at position 19 in *erm(41)* gene: case report. *BMC Infect Dis* 16:207. <https://doi.org/10.1186/s12879-016-1554-7>.
40. Clinical and Laboratory Standards Institute. 2011. Susceptibility testing of mycobacteria, nocardiae, and other aerobic actinomycetes; approved standard—2nd ed. CLSI document M24-A2. Clinical and Laboratory Standards Institute, Wayne, PA.
41. Jamal MA, Maeda S, Nakata N, Kai M, Fukuchi K, Kashiwabara Y. 2000. Molecular basis of clarithromycin-resistance in *Mycobacterium avium-intracellulare* complex. *Tuber Lung Dis* 80:1–4. <https://doi.org/10.1054/tuld.1999.0227>.